

Nene Valley news

Your local independent community newspaper for East Northamptonshire

Telephone:
01522 513515

We want to hear from you,
so please submit your
news story or event at
www.nenevalleynews.co.uk

Inside...



Spotlight on Health & Wellbeing

Page 4



Kettlebell Pentathlon

Page 9

In Brief

The animal licensing law has changed

New legislation came into effect on 1st October which will impact how residents and local businesses buy and sell pets, use day care or animal boarding services and keep and train animals for exhibitions.

Anyone selling pets, and dog breeders operating as a business or breeding more than three litters a year, needs to apply for a licence from the council.

Adverts selling pets must now include:

- The licence number
- Name of local authority issuing the licence
- Photograph and age of pet
- County of origin and residence of pet

If you're looking to buy a pet, it is important that you make sure that the seller is legitimate.

Visit: www.northantslicensing.gov.uk or contact the licensing team: Central Licensing Administration Unit, East Northamptonshire Council, Cedar Drive, Thrapston, NN14 4LZ, Tel: 01832 742102, email: licensingunit@east-northamptonshire.gov.uk

Halloween family fun at Stanwick Lakes

Visit Stanwick Lakes this October half-term and enjoy great value family activities, fantastic creatures and a spooky slime lab!

Activities start on Monday 22nd October with pom pom spider crafts and the chance to get up close to 'Owls to Behold' birds

of prey in the Discovery Zone. Pick up a Halloween themed trail from the visitor centre and enjoy some fresh air while you follow the mysterious clues around Solstice Lake. There is a small prize if you solve all the clues!

The outdoor trail is available all week, while there is a host of different drop-in activities taking place in the visitor centre including pottery painting with Wilder Ceramic Arts and reptiles and spiders with Jeepers Creepers. For slime fans, Spooky Slime Lab are running bookable workshops making Googly Eyed Glowing Alien slime

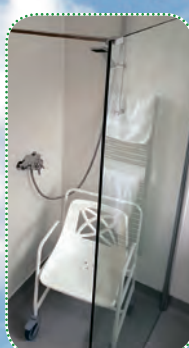
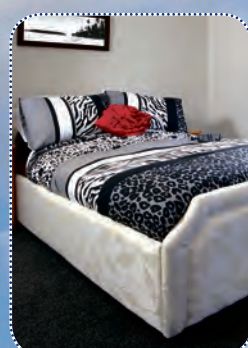
and Pumpkin Spiced Scented slime on Saturday 27th and Sunday 28th October. To find out what activities are taking place and to book a place on the Slime Lab, visit the Stanwick Lakes website www.stanwicklakes.org.uk.

Visitors can also step back in time on Tuesday 23rd October and become a 'Scary Settler'. Find out more about the people who lived at Stanwick Lakes over the last 5,000 years by designing and making a Viking sword and shield, tucking into medieval tasty treats and becoming an archaeologist at the Messy Museum.

There will be a small charge for some of the activities and normal car parking charges apply. To find out more about these, and other activities coming up this autumn at Stanwick Lakes, please call reception on 01933 625522 or visit the Stanwick Lakes website www.stanwicklakes.org.uk.



SHOWROOMS: 69-71 WASHBROOK RD • RUSHDEN • NORTHANTS NN10 6UR action2mobility.co.uk



Wet rooms and easy access bathrooms supplied and fitted

Action²Mobility
THE REGION'S LEADING MOBILITY AID CENTRE

CALL FREE: 0800 698 2588

MON-FRI 8am-4.30pm

FREE PARKING

Stockist of Cosyfeet and Sandpiper shoes

STAIRLIFTS: FULLY GUARANTEED, FREE HOME SURVEY

10% OFF

BRING THIS AD WITH YOU AND GET 10% OFF ANY INSTORE PURCHASE*

* MINIMUM PURCHASE £10. OFFER ENDS 31.12.18 (NOT IN CONJUNCTION WITH ANY OTHER OFFER)

Joint commemoration exhibition in Oundle

Oundle School, supported by the town's Museum, are presenting an exhibition commemorating the centenary of the end of the First World War at the Yarrow Gallery between the 5th and 11th of November. The aim of the display will be to tell the story of the School and the town as well as giving an idea of what life was like for both during the war. Featured items will include memorials, photographs, maps, books, diaries and much more from the School's archives, the Museum, and the families of those who fought in the War.

Examples include: extracts from John Coleman Binder's diary – a baker, grocer and Town Councillor – bringing a first-hand account of what was happening in Oundle during the war; the Great War diary of AF Elliott, RAMC, son of Dr C N Elliott, North Street, and Oundle School day boy in 1896;

the recently acquired William Howard Livens collection, including his medals the MC and DSO, plus photographs showing the King and Queen inspecting one of his inventions, the Livens Projector which 'improved' the distribution of poisonous gas at the Front.

The exhibition also highlights the role of F W Sanderson, Headmaster, Chairman of the District Council and JP, who initiated the development of the School's workshops, which during WW1 were given over completely to the war effort, with the pupils turning out handmade horseshoes and munitions for the Woolwich Arsenal. Throughout the war Sanderson stood in front of pupils to read out the Old Boy Roll of Honour, listing those killed, the majority of whom he had seen pass through the School; it would have been particularly poignant when, in April 1918 he had to read out the name of his own son.

Genealogy jottings

"It says what?" Transcribers are only human and humans make mistakes. Some handwriting can be extremely challenging to read – to say the least! In fact, my old boss used to bring me things that he had written and could no longer read because of his appalling handwriting. He knew that I was used to reading strange documents! Mary Ann Miller, aged 28 in 1861, has her occupation transcribed by one website as Tempstress. I rather think that this is an error as her two daughters aged 9 and 7 also have that as their occupation. Looking at the original, I think that Sempstress (the old word for Seamstress) is a far safer conclusion. If you have access to the census and would like to take a peek, the reference is: RG9, Piece 60, folio 40, page 26. Handwriting can be taxing at times but please don't give up. Ask someone else to have a look as well.

The 1841 census record is not the easiest to read either. Written by the enumerators who often just recorded what they had heard

By Jan Pearson
Genealogy Specialists, Tracing Our Past, Discovering Our Genes (TOP DOG)
www.genealogy-specialists.com

– or what they thought had been recorded – in many cases they just used pencil rather than pen. Faded writing to add into the equation as well! If you are looking at these images on the computer, then enlarging the document might help. Or, if you have image enhancing software, making a positive image into a negative can also produce results. White on black instead of black/grey on white.

Abbreviations were also widely used. 'Do' was used in many cases instead of 'ditto', meaning the same as the word above. I have lost count of the times that I have seen 'Do' transcribed as a surname... Then we have Jno instead of John, Th.s instead of Thomas, Jas instead of James, to name just a few. Don't forget, 'Dau' can also be used instead of 'Daughter'.

Want to place an advertisement or submit an article?

If you wish to contribute or have any comments please email news@nenevalleynews.co.uk or call 01522 513515. To advertise, call 01522 513515. Alternatively you can email advertising@nenevalleynews.co.uk

If you are not receiving your copy of Nene Valley News, please email distribution@km-media.co.uk or telephone 01522 513515.

If you would like to receive this publication as a download, Nene Valley News is available online as a pdf at www.nenevalleynews.co.uk.

You can also subscribe to Nene Valley News for £39 per annum.

Nene Valley News is produced by KM Media & Marketing, County House, 9 Checkpoint Court, Sadler Road, Lincoln, LN6 3PW.

Copy dates for Nene Valley News

Publication date: Saturday 3rd November
Articles to the editor by: Wednesday 24th October

Publication date: Saturday 17th November
Articles to the editor by: Wednesday 7th November



KM Media & Marketing
Your partner in publishing
ONLINE | IN PRINT | IN DIGITAL

Editor's notes

First, our seasonal reminder about the change from Daylight Saving Time (DST) on Sunday 28th October, when clocks need to be put back one hour. It seems that if the European Commission gets its way, this could be the last EU-wide co-ordinated change. If their initiative is successful, the last DST period will start on 31st March 2019; thereafter, each member state would decide whether they stay on 'summer time' (DST) year-round or change their clocks once more on Sunday, 27th October 2019 to observe permanent standard time in subsequent years. If we are out, or nearly out, of the EU by then we will be able to decide for ourselves anyway.

Another seasonal topic is bonfires. These seem to have fallen out of favour as a way of 'celebrating' the failed Gunpowder Plot on 5th November each year but at least one national newspaper was recently promoting the idea of a chain of fires across the country on 11th November to mark the 100th anniversary of the end of the Great War; as you will see in our report, one of these will be at Little Addington.

Initially, this seems like a great idea but it's not difficult to imagine the emergency services, particularly the Fire Service, being extremely concerned about the impact of a series of ill-conceived ad hoc bonfires. So, whether you have a bonfire on the 11th or a fire plus fireworks on the 5th, do be sure to stick to the recommendations of the

Northamptonshire Fire and Rescue Service.

Elsewhere in this edition we note that more local events are being held to commemorate the end of the First World War. There's the lunchtime recital in Peterborough on the 25th of this month, art in Cotterstock Church on 3rd/4th November, the exhibition at 8 West Street, Rushden throughout November and the Oundle exhibition, 5th–11th November.

Local bus services are set to improve at least in terms of the comfort and facilities on offer as Stagecoach announces an investment of over £3m in luxury buses for the X4 service. The 13 new vehicles, which are due to be unveiled as this edition of the NVN goes to the printers, come with additional features including USB charging points and free Wi-Fi; they also have environmentally friendly Euro 6 engines and some will be fitted with contactless payment technology.

The service operates seven days a week between Northampton, Wellingborough, Kettering, Corby, Oundle and Peterborough.

Phil Medicott, MD for Stagecoach Midlands, said: "We are thrilled to be introducing 13 brand new Stagecoach Gold vehicles to one of our most popular routes. With the added features we hope these vehicles will encourage people out of their cars."

It remains to be seen if the impending weight and width restriction on the Oundle North bridge will have an impact on the X4!

SCS Packaging 01933 681681
Packaging, Catering and Cleaning Supplies for Commercial, Domestic and Industrial Services

Cake Decorating Supplies
For Amateurs, Professionals and Enthusiasts

From the basics - Sugar Paste, Cake Boxes, Boards and Dummies to Cake Lace, Moulds and Cutters. We have all the Baking and Cake Decorating supplies to complete your Wonderful Creations!

Units 1 & 2 Orchard Road • Finedon • Northants • NN9 5JG
Email sales@scspackaging.co.uk • www.scspackaging.co.uk

Use & Nene Valley Turners

Have a Go Wood Turning Open Day
Saturday 27th October, 10am – 4pm
Cranford Village Hall, Cranford NN14 4JE

Come along and see wood turning in action
Try having a go under expert tuition
(Conditions apply)
Learn more about your friendly community club
SALES TABLE with Christmas Gifts
Free Entry • Free Refreshments

Quality Repairs To Windows & Doors

THRAPSTON GLAZING
WINDOW & DOOR REPAIRS
Est 85

FREE QUOTES FREE GENUINE ADVICE

QUALITY REPAIRS TO ALL MAKES OF WINDOWS, DOORS AND CONSERVATORIES SUPPLIED AND FITTED BY ANY COMPANY.

REPLACEMENT GLASS UNITS, NEW LOCKS, NEW HINGES, NEW LETTERBOXES, NEW HANDLES ETC... WITH COMPLETE FITTING SERVICE

WE ALSO SERVICE WINDOWS, DOORS AND PATIO DOORS ADJUSTING AND LUBRICATING AS WE GO, BADLY ADJUSTED DOORS ARE THE MAIN REASON FOR LOCK FAILURE.

WE STOCK AND SOURCE THOUSANDS OF SPARE PARTS TO SUIT ALL MAKES OF WINDOWS AND DOORS

OTHER SERVICES INCLUDE, CUT GLASS, TOUGHENED GLASS AND GREENHOUSE GLASS ALL DELIVERED TO YOUR DOOR WITH FITTING SERVICES IF REQUIRED.

ALL OUR FITTING ENGINEERS HAVE OVER 30 YEARS EXPERIENCE WORKING FOR US.

PLEASE CALL OR EMAIL US FOR A FREE QUOTATION

01832 734570
www.thrapstonglazing.co.uk
windowanddoorrepairs@talktalk.net

Free Quotations • No Obligation

Locks • Hinges • Glass Units • Adjustments • Servicing • Letterboxes • Handles • Window Locks • Door Locks

Oundle cellist marks war centenary with Cello Concerto performance

Oundle cellist Nathaniel Watson, 17, will be performing Edward Elgar's poignant Cello Concerto, with piano accompaniment, at St John the Baptist, Peterborough Cathedral Square, on Thursday 25th October at 1pm.

A-level student Nathaniel, who lives in Oundle and went to Laxton Junior School, is

a regular performer in the area. He has taken part in the Oundle Festival of Music and Drama and lunchtime recitals at St Peter's Oundle, as well as giving solo recitals at Peterborough Cathedral and at Fotheringhay Church. He will be playing the Elgar Concerto with the Eton College Symphony Orchestra in December, so this is a chance to hear him first on home

ground with masterly accompaniment by the distinguished pianist and conductor Naomi Woo, currently studying for a doctorate in music at Clare College, Cambridge.

Nathaniel said: "I'm looking forward to playing in the ancient beautiful church of St John's and I hope I can attract some passers-by to spend 40 minutes listening to one of the

best-loved cello concertos. It was written in the aftermath of the First World War and powerfully expresses the anguish of the conflict. It's especially fitting to be playing it so close to the 100th anniversary of the Armistice."

Contact Erica Kendall at ericakendall@btinternet.com or call 07950 693067.



The Barnwell themed bonfire

What will the theme be this year? We can tell you that it is on Sunday 4th November. The Barnwell Bonfire party takes place annually on the Village Hall field and has gained an enviable reputation over many years. The spectacular fireworks, high quality food, friendly village welcome and enormous bonfire have been well known locally for over 25 years. Every year sees new ideas. The highly original and locally unique concept of building a themed bonfire began five years ago with the construction of a Norman castle reminiscent of their own Barnwell Castle.

The theme this year is again a closely guarded secret, although a trip to, and a little eavesdropping in, the Montagu Arms may give some clues. The plan is to continue to expand the experience, following last year's Hogwarts Express, making it a little more theatrical. Well that's the plan.

From the car park in the recreation ground at the top of church hill it is just a short walk down the hill, past

the church, village green (look out for a surprise here), through the pub yard and up to the field. Here you will find a variety of food, fabulous drinks, fairy lights and music. The highlight is the 'installation' which will be simmering in the corner, waiting for the time it is sent up in flames.

Last year Guy Fawkes was accompanied on the bonfire by Donald from America. Who will be with Guy this year is still a matter of fierce debate? It may well depend on what the youth club decide to make.

What is known is that the whole evening will end with even more spectacular fireworks than before. The firework company promises a few surprises.

Gates are open from 5pm to allow time for walking down the hill, viewing the installation and having a bite to eat and drink before the fire is lit at 6.45pm. Oh, and the profits are used to improve the facilities at the Village Hall so what's not to like? See you there!

DB FACTORY SHOE STORE

LARGEST CHOICE & BEST PRICES

New Styles NOW IN



10% OFF

WITH THIS ADVERT
Quote: NVX1836F
Valid until 15/02/19

Wide feet or foot problems?

WE CAN HELP! Visit our specialist shoe fitting centre (on the same site)
Call **01933 410305**

www.widerfitshoes.co.uk

Opening times: Mon - Sat 10am - 4pm

Opening times: Mon - Sat 10am - 5pm.
Sun 10am - 4pm.

www.dbfactoryshop.co.uk

DB Shoes Ltd, 19-21 Irchester Road,
Rushden, Northants NN10 9XF

Heavenly Feet

SKECHERS

DUNLOP
PROTECTIVE FOOTWEAR

FREE
ROADSIDE
PARKING

free gym buddy sessions

Ever wondered how to use the outdoor gym?

Get guidance from freedom leisure's personal qualified gym buddy every week!

Central Recreational Ground, Irthlingborough
Starting Monday 22nd October
10.00 - 11.00 every week!

"Have you ever wondered what the outdoor gyms are like at your local park but not had the confidence to try out the equipment? You are not alone & now you don't have to worry!"



(facilities provided by the town councils)

For more information call

07702 859 553

activecommenorths@freedom-leisure.co.uk

www.freedom-leisure.co.uk



Your Dream Bathroom Starts Here



The Bathroom Fitting Co

Professional Bathroom Installation By Experts

Online Brochure-www.bathroomfitting.co

Email-info@bathroomfitting.co

We are a specialist bathroom design & installation company fitting top quality bathrooms for our trade & retail clients.

We can fit your own products or supply all the leading brands at very competitive prices

Call **01933 754 754** or Free Phone **0800 009 6966**

Roca . Vitra . Grohe . Kudos . Laufen . RAK . Burlington . Aqualisa . Duravit . Ideal Standard

Spotlight on Health & Wellbeing

MODERN ACUPUNCTURE



During our health and wellbeing week, it's a good time to think about acupuncture if you haven't tried it before.

Have you ever wondered about the benefits of acupuncture? Local practitioner Spod Dutton is your guide to the top 5 Facts About Acupuncture:

1 We work alongside conventional medicine

- Acupuncture practitioners value the benefits provided by conventional medicine. When a patient who is using conventional medicine comes to see us we try our best to dovetail with conventional medicine and provide the best all-round treatment possible.

2 There is more to acupuncture than needles

- An acupuncturist has many tools in the box! Cupping involves the application of vacuum cups to promote local circulation and accelerate the body's own repair mechanisms; moxibustion is a heat-based therapy that, in effect, 'turbocharges' the treatment. We also take into account lifestyle and advise on diet, exercise and posture.

3 It can be measured scientifically - The effect of acupuncture on the body can be measured, including the release of neurological co-transmitters, changes in brain activity and the release of endorphins: the body's 'feel good' chemicals.

4 It can help with many different physical and emotional problems - The World Health Organisation lists a wide variety of diseases or disorders for which acupuncture therapy has been tested in controlled clinical trials. These include musculoskeletal pain such as backache, plus headaches and migraine, anxiety and stress, even insomnia.

5 You won't feel like a pin cushion

Acupuncture as delivered in the UK is a very gentle intervention. The needles are so fine that the patient often doesn't even feel the insertion. An average treatment might involve the use of only four needles.

If you have any further questions about acupuncture or you would like to talk about acupuncture treatment based in Stanwick, call Spod Dutton on 01933 779973 or visit modern-acupuncture.co.uk

HIGHAM EYE CARE

Higham Eye Care is the independent optician for Higham Ferrers and the surrounding area. The lead optometrists, Hannah and Tricia, are sisters who each have over 20 years' experience.

Tricia explains that "regular eye examinations are advised not only to ensure that you have the best vision possible but to check both eye and general health. The blood vessels on the retina inside the eye are the only ones in the whole body that can be observed working in situ and so can provide important information about your general health. We can help in the early detection of blood pressure, cholesterol, diabetes and thyroid problems."

Hannah says that she is "very excited as we now provide an enhanced eye examination using a 3D OCT."

OCT (Optical Coherence Topography) is a completely painless, highly advanced eye scan for people of all ages. It is similar to ultrasound, using light rather than sound waves to image the different layers that make up the structure at the front and the back of your eye. Common, potentially serious conditions that the OCT can identify are Age Related Macular Degeneration, Diabetes and Glaucoma.

For more information on OCT contact Higham Eye Care on 01933 317000 or email info@highameyecare.co.uk, www.highameyecare.co.uk

FREEDOM LEISURE IN YOUR COMMUNITY!

freedom leisure's active communities team is out and about in your town or village running lots of activities for you to get active!

Whether you are interested in getting fit or just want to go for a walk and a chat, freedom

leisure's active communities team has an activity for you.

If you want a free workout, our gym buddy scheme at many outdoor gym venues across the district is currently taking place in Higham, Raunds, Stanwick, Thrapston and now Irthlingborough.

Our weekly health walks in Rushden and Nassington are regularly attended by many who want to explore.

If you're looking to get more active, our walking netball session could be for you. Every Wednesday at the Pemberton Centre 1-2pm.

Our Young Inclusive People (YIP) disability session for under 18's happens on Tuesdays 5.30-7pm and our 18+ Multi Activity Club (MAC) happens every Thursday 10am till 12 noon for people living with a disability, at the Pemberton Centre.

If you have a child under the age of 5, both our Splash and Nene swimming pools offer free swimming for all under 5's.

For more information on any of these activities contact Johnathan Rudland on 01933 350324 or email activecommseastnorthants@freedom-leisure.co.uk.



Higham Eye Care

01933 317000

Call now to book an appointment on:

01933 317000

4a Market Square
Higham Ferrers
NN10 8BP

www.highameyecare.co.uk

Email:
info@highameyecare.co.uk

Hannah & Tricia would like to welcome you to Higham Eye Care, the local independent opticians for Higham Ferrers and surrounding areas.

We offer high quality eye examinations, the latest 3D scanning technology, professional advice, contact lenses, and a large range of spectacles for children and adults.

All in a friendly and welcoming environment.



the modern acupuncture clinic

Are you in PAIN?

Back pain, frozen shoulder, tendonitis or other musculoskeletal problems?

Let us help

Our approach at The Modern Acupuncture Clinic has a proven track record of bringing relief FAST!

Tel: 01933 779 973
Email: contact@modern-acupuncture.co.uk
www.modern-acupuncture.co.uk



freedom*leisure* in your community

We're here to help you enjoy an active lifestyle & get that important work-health balance.

come & give us a try
with a **free**
3 day pass

cut out your pass & bring it into
your chosen centre to get started

the nene centre, NN14 4JY

01832 734090

the pemberton centre, NN10 9YP

01933 350324

splash leisure pool, NN10 9SJ

01933 410505

www.freedom-leisure.co.uk



East
Northamptonshire
Council



freedomleisure
where you matter

NENE VALLEY OSTEOPATHY

In today's modern world, many of us suffer from injuries and pain not only from our hobbies, but from our lifestyles, work and illnesses too. All too often we see only the symptoms being treated but sometimes we need to look at why the pain is originally occurring, not just that it's there. Sciatica

is a prime example of this. We often hear that someone has sciatica, but the definition of it is pain affecting the leg, not what causes it.

There are things we can do at home to help stop aggravating pain such as active rest, avoiding things that make the pain



Georgina Bull, Nene Valley Osteopathy

worse whilst still keeping ourselves mobile, and being conscious that we don't have poor posture. However, sometimes the problem can get the better of us, and seeking further help is then a good idea, but where should you go?

At Nene Valley Osteopathy we look slightly differently at

the issue. By trying to help you discover the root cause of the problem, we approach your pain in an honest, straightforward fashion. Our treatments are a combination of hands-on therapy and supporting advice that works with your lifestyle in a way that makes perfect sense.

www.nenevalleyosteo.co.uk

A CHARTERED PHYSIOTHERAPIST IN HIGHAM

Chartered physiotherapist, Pierre Bonnaud, has joined the rehab team at The Ashgrove Clinic in Higham Ferrers. His aim is to help you avoid long waiting lists for physiotherapy. Pierre says (with a tiny hint of French accent): "I want to get people back on their feet. Exercise is important as part of rehab and for reducing pain, but you need to know which exercises are appropriate.

"Whether you've just had a joint replacement, or whether you've got a groin strain and can't train, I'm here to help you get better, and better."

But can osteopaths and physiotherapists work together? "At Ashgrove, definitely!" says osteopath Jo Jones, owner of The Rushden Osteopathic Clinic, which joined forces with Ashgrove earlier in the year. "One of the reasons we're working at Ashgrove is so we can offer more options to our Rushden patients."

Pierre adds: "And we will make your rehab easy! Your normal daily activities can be your rehab, so you don't have to do hours of boring exercises. We can even turn hoovering into rehab!"

To find out if Pierre or the team can help you, call 01933 469043 to book a free initial consultation.

Outdoor gym opens

On Monday 15th October the official opening of the new outdoor gym at Irthlingborough Central Recreation Ground took place.

It was jointly opened by the Mayor for Irthlingborough, Cllr Matthew Maedge and leader of East Northamptonshire Council, Steven North and current Chair, Cllr Wendy Brackenbury.

The gym was funded by a Community Facilities Fund grant secured by Irthlingborough Town Council from East Northamptonshire Council.

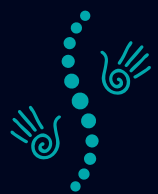
The successful company was the Great Outdoor Gym Company who

have installed smart gym technology which allows gym users to generate electricity for lighting and charging phones.

Each piece of equipment has been designed with inclusivity at heart, meaning

all types of users/ages/abilities can enjoy and benefit from using it. Also, all the gyms are installed on flat surfaces to allow access for all and are brightly coloured which helps those with visual impairment.

Free buddy gym sessions will be run by Freedom Leisure every week starting on Monday 22nd October 10am-11am.



NENE VALLEY OSTEOPATHY

OSTEOPATHY | KINESIO TAPING | ACUPUNCTURE | SPORTS THERAPY



FREE 15 MINUTE CONSULTATION FOR ALL NEW PATIENTS

GENTLE TREATMENT FOR THE WHOLE FAMILY

01933 624323

WWW.NENEVALLEYOSTEO.CO.UK



46 Brook Street,
Raunds,
Northamptonshire,
NN9 6LP

The Pemberton Centre,
H E Bates Way,
Rushden,
Northamptonshire,
NN10 9YP

Waiting for an appointment with a PHYSIOTHERAPIST?

In pain?

Not sure what exercises to do?

Wait no more. Our chartered physiotherapist will help you get back to your normal life.

Call us now if

- You've had an operation and you're waiting for a physiotherapy appointment.
- You want to get better at your sport after an injury.
- You need help training for a big event.
- You're not sure if we can help.

Come in for a FREE 20 minute consultation.

Call us now on 01933 328020

and our physiotherapist will find out whether we can help you.

Whether you've just had a joint replacement, groin strain or shoulder injury we're here to help you get better, and better.

Osteopathy | Cranial osteopathy | Gait analysis | Podiatry
Hypnotherapy | Acupuncture | CBT | Physiotherapy
Shoulder treatments | Sports injury therapy
Counselling | Rhythmic movement therapy | Injury rehab

www.ashgrovehealth.co.uk | 01933 328 020

13 Lancaster Street, Higham Ferrers, Rushden, Northamptonshire, NN10 8HY

GET YOUR
FREE
CONSULTATION
TODAY
NORMALLY £48

The
Ashgrove
Clinic
— Higham Ferrers —
Call 01933 328020

Artist returns

Commemorating the Centenary of Armistice Day, in Cotterstock Church, PE8 5HD

Do you remember this installation that London based artist Angela Wright created in St. Andrew's Church in June 2017?

Angela will return to Cotterstock on the weekend of 3rd-4th November to create another art installation to commemorate Armistice Day. Angela's work will be very different this year as she is creating a large wave with wire which will be decorated with 1,500 poppies that villagers are busily knitting and crocheting. This collaboration came about because of the positive feedback received last year.

Angela attended the London College of Fashion and ran her own business designing and making dresses for Liberty of London. She graduated from Camberwell College of Art and has a BA in Fine Art and Ceramics and has exhibited her work in many galleries

in London. Angela enjoys installing works in different types of locations including churches, cathedrals and abbeys. She has created

works in many prestigious buildings, most recently in Southwark Cathedral and St Peter De Beauvoir, London in April of this year.



There will be an opportunity to meet Angela and hear her talking about her work on Friday 2nd November in St Andrew's at 7pm. Tickets are £5 available from Harpur's of Oundle 01832 274050 (this includes a complimentary glass of wine or juice). Alongside Angela, local historian David Bond will give an illustrated talk about 'War Memorials and the Significance of the Poppy'. Angela's work can also be viewed on the weekend of 3rd-4th November from 11am-5pm. Tea, coffee, cold drinks and delicious homemade cakes will be on sale. Admission is free but donations towards the upkeep of St Andrew's will be gratefully received. There will be toilet facilities at the church.

Benedict Allen: Ultimate Explorer

Thursday 1st November, 7.30pm, The Great Hall, Oundle School

Benedict Allen, one of the world's most renowned adventurer-explorers, will be coming to Oundle as part of his brand-new tour of the UK.

Allen will tell the whole unvarnished truth of his most recent adventure – a solo expedition to Papua New Guinea, during which he filmed his journey to visit a community he had befriended thirty years earlier, when he hit the headlines after failing to turn up for a flight to Hong Kong, prompting his friends and family, and eventually the world media, to become concerned for his wellbeing.

Benedict will recall the highs and lows of this awe-inspiring trip, tell exhilarating tales from his life as an explorer and show never-before-seen material from his travels.

'This is a hugely exciting venture for me. I can't wait to travel the UK and share my experiences of some of the most testing, but also wonderfully inspiring, corners of the globe' – *Benedict Allen*.

Regularly filming his intrepid expeditions, Benedict's most recent television series was *Birds Of Paradise: The Ultimate Quest* (BBC Two), a two-part series which aired in February 2017, in which Allen was joined by BBC Security Correspondent and avid

birdwatcher Frank Gardner. Allen's goal was to help Gardner, a wheelchair user, fulfil his lifelong dream of seeing birds of paradise.

His six series for the BBC include *Travellers' Century*, *Skeleton Coast*, *Edge of Blue Heaven*, *Last of the Medicine Men* and *Ice Dogs*. He also recently presented *Adventures for Boys: The Lost Worlds of Henry Rider Haggard* and was a contributor to BBC Two's *Extreme Dreams*.

Allen is also the author of 10 books, including *The Faber Book of Exploration* and *Into the Abyss*. He has written numerous articles for newspapers and magazines and is a popular corporate motivational speaker.

In 2010 Benedict became a trustee and member of Council of the Royal Geographical Society. This is a two-hour event including a 20-minute interval. Suitable for all ages.

Visit www.benedictallen.com or @benedictallen. Tickets £16 (£13), available from the Oundle Box Office, 4 New Street, Oundle. Open hours: 10am-4pm Mon to Fri: Tel. 01832 274734, online at www.oundlefestival.org.uk. Any queries call Helen on 07743988181 or email oundlelitfestival@hotmail.co.uk

FAMILY LAW ADVICE

We'll help you make the right choices.

- Free initial phone call
- Divorce and relationship breakdown
- Marriage and relationship planning
- Finances on separation
- Children
- Domestic violence
- Mediation

NORTHAMPTONSHIRE
LAW SOCIETY
LARGE LAW FIRM
OF THE YEAR
2017



Highly rated by
the Legal 500,
a Who's Who
of the legal world.



01933 697511
enquiries@wilsonbrowne.co.uk
wilsonbrowne.co.uk

wilson browne SOLICITORS
All the help you need



November

Mon 12 Taste of Christmas –
St Anne's on Sea – 5 days £425

December

Fri 7 Valkenburg Christmas Markets
– 4 days £375

Sun 23 Christmas in Lytham
– 5 days £609

Sun 30 New Year in Worthing
– 4 days £459

Columbus Cruises – October

Sun 28 European Cities Break
– 5 nights From £469

Magellan Cruises – October

Sun 28 Land of the Northern Lights,
Norway – 5 nights From £1109

Date for your diary
OPEN DAY

We will be launching our
new 2019 holiday brochure
at Pytchley Village Hall on
Sunday 4th November,
2pm-5pm. Come and see us.

CALL NOW ON
01536 791066
TO GET OUR FREE BROCHURE!
taurus@rbtravel.co.uk
www.taurusholidays.co.uk



RB Travel
01536 791066

OCTOBER

Tue 23 Winchester Science Centre or Winchester

Wed 24 West Midlands Safari Park

Sat 27 Westonbirt – Colours of Autumn

NOVEMBER

Sun 4 Steam or McArthur Glen Designer Outlet

Wed 7 London Eye by Night

Fri 9 Meadowhall Shopping Centre

Sat 17 Festive Gift Fair at NEC

Sat 17 Harrogate Christmas Market

Sun 18 Blenheim at Christmas with Living Crafts

Sun 18 Nottingham Christmas Market

Fri 23 Thursford Christmas Spectacular

Sat 24 Birmingham Frankfurt Christmas Market

Sun 25 Birmingham International Tattoo

Thu 29 London Museums or Free Time

Fri 30 Worcester Victorian Christmas Fayre

DECEMBER

Sat 1 Portsmouth Festival of Christmas

Wed 5 St Albans Christmas Market

Fri 7 Bath Christmas Market

Fri 7 Stamford Market & Burghley Christmas Market

Sat 8 Longleat Safari with Festival of Lights

Sat 8 Oxford Christmas Market

Sun 9 Nottingham Christmas Market

Sun 9 Lincoln Christmas Market

Wed 12 Bluewater Shopping Centre

Wed 12 Lakeside Shopping Centre

Fri 14 Thursford Christmas Spectacular

Sun 16 Hyde Park Winter Wonderland

Wed 19 Thursford Christmas Spectacular

Sat 22 Birmingham Christmas Market

JANUARY

Sat 5 Boundary Mills at Sheffield

Wed 16 Carvery Lunch & Les Miserables

Call us to book or request a brochure
Check out our website for further days out
www.rbtravel.co.uk

Special scheme sees residents collect tonnes of domestic waste

Over 10 tonnes of household waste was collected at a recent waste amnesty organised by East Northamptonshire Council.

Working in partnership with FCC Environment and Rockingham Forest Housing, homeowners in the Highfield Road area of Rushden took advantage of the scheme to help households throw away any unwanted items or waste.

In just under one hour on Saturday 29th September, the team collected hundreds of sacks of general and garden waste as well as seven fridge freezers. The garden waste will be recycled, as well as any white goods via the Waste Electrical and Electronic Equipment recycling scheme.

Children also took part in a community litter-pick organised by a local housing

association which added to the great haul of waste.

Leader of East Northamptonshire Council, Cllr Steven North, said: "This is a wonderful achievement by all involved and once again shows what can be accomplished when organisations and residents work together to improve the area we live in."

If you want to organise your own community litter-pick, email the waste team on waste@east-northamptonshire.gov.uk. All equipment you should need can be supplied and waste can be collected at the end of the day.

Little Addington lights remembrance beacon

100th Anniversary WW1 Armistice celebrations on Sunday 11th November from 5.45pm.

Little Addington is among some 1,200 Bonfire Beacons sites across the nation being lit simultaneously to commemorate the end of WW1 – being 100 years since cessation of war on the 11th day of the 11th month in 1918.

The Beacon will be lit at 7pm immediately after 'The Last Post' at 6.55pm by a bugler from Raunds Temperance Band, who will kindly be playing suitable music from 5.45pm.

The location, NN14 4BD, is 1½ miles from A14 Junction 11 or one mile from A6 Irthlingborough – signed to The Addingtons in the field behind The Bell Inn by kind permission of Mr John Bilson and entrance will be next to the bus shelter in the High Street – near to The Bell Inn (disabled access also available, arrive early).

Admission is only by special limited edition

commemorative wristband, which costs £2.50. No concessions, as proceeds will be donated to The Local Royal British Legion whose members will also be in attendance with collection buckets.

There are a limited number of wristbands due to insurance limitations. These should be purchased in advance from The Bell Inn, 01933 651700. These wristbands MUST be worn by everyone as identity and shown upon request by any steward. (Other locations for the wristbands may be announced).

Any further information can be obtained from pauld.lapc@aol.com, telephone 07882377441 or via the LAPC Clerk 017562372430 or littleaddington.clerk@gmail.com. Lots of food with burgers/hot dogs etc. available from The Bell Inn.

Quiz night success

Raunds Deputy Mayor, Cllr Lee Wilkes, and his consort Cllr Helen Howell were delighted to represent Raunds Town Council in supporting the Manor School Quiz. Organised by quizmaster and teacher James Guest, and raising a magnificent £1,926, the quiz helped raise funds towards a school trip for students to Ecuador, where they will volunteer

to help improve the lives of local people as well as developing life-changing

personal skills.

For details: www.raunds-tc.gov.uk



Council supports project to tackle fuel poverty

Organisations across the county have come together to launch a new project, which will help to address fuel poverty across Northamptonshire.

The Northamptonshire Energy Saving Service (known as NESS) is a new three-year project (2018 – 2021), which will launch at Kings Park Conference Centre on Friday 19th October, to coincide with the start of the heating season.

The project has been established following funding from National Grid's Warm Homes Fund to address fuel poverty across the county, which is where

an individual cannot adequately heat their home, and will deliver energy advice; ensure income maximisation and practical measures to improve the warmth of homes.

Established by Northamptonshire County Council and delivered by Community Law Service in partnership with friends in the local voluntary and charity sector, East Northamptonshire Council is supporting the project and Chairman, Cllr Wendy Brackenbury will be attending the launch

event.

Speaking ahead of the event, Cllr Brackenbury said: "Now that autumn has officially arrived, we are all thinking about turning on our heating and enjoying cosy evenings at home. There are a number of residents across our district, and Northamptonshire, who are living in fuel poverty. We are dedicated to supporting NESS and ensuring that those residents have access to sufficient heating throughout the colder months."

To find out more about Northamptonshire Energy Saving Service visit www.northamptonshireenergysavingservice.org.uk

Johnson Underwood expands team

Northampton based recruitment agency Johnson Underwood has recently expanded its team by taking on two new members of staff.

Faye Crockatt, Business Development Manager, comes from a successful sales background having previously worked at VSG and The Shield Group. She now joins Johnson Underwood, bringing with her nearly 15 years of experience to help further shape and develop the corporate recruitment solutions that this

independent agency offers to new and established clients. Small, medium and large companies will remain under the wing of Carol Johnson, who enjoys working with and delivering to local organisations where the personal touch really matters.

Heather Whittington, Online Marketing Consultant has worked within the digital remit since 2003, working for successful creative agencies such as Milton Bayer and BBH. She joins the Johnson Underwood

team bringing a wealth of experience in all areas of online marketing with her and will be developing the marketing presence both on and offline moving forwards.

Johnson Underwood has nearly 30 years of independent recruitment and HR knowledge under its belt and works in a wide range of industry sectors across Northamptonshire and surrounding counties.

REC accredited, there is only one place to look when you are recruiting – Johnson Underwood.

Then and now

Nene Valley Community Action has been carrying out a Heritage Lottery Funded project over the past year.

1918-2018 'Then & Now' has been looking at the changes which have taken place over the 100 years since the end of the First World War. The project has worked with schools, community groups and local volunteers to

explore the changes in food, clothing, toys and schooling. The group has also been gathering information and stories about some of the men

whose names appear on Rushden's war memorial. To showcase the group's work, Nene Valley Community Action is hosting an exhibition.

The exhibition will be open to the general public and will take place at 8 West Street, Rushden, Monday to Thursday, 10am to 2pm throughout November. It will also be open on Saturday 10th November, 10am to 2pm. All are welcome. If you are interested in bringing a group to view the exhibition or would like any further information please telephone 01933 313526.

Kettlebell Pentathlon



On 6th October a group of 35 likeminded people gathered at Ferrers School, Higham Ferrers, to lift kettlebells at the English Kettlebell Association Pentathlon UK Open. The competitors, men, women and children with different abilities, experience and backgrounds shared common ground in terms of a desire to be the best they can be. The Pentathlon consists of five different lifts each with a duration of six minutes. There is a five-minute break between each lift and each competitor is allowed up to five different kettlebells to choose from for their lifts. There were 12 representatives from Rushden Kettlebell Club, the youngest just 8 years old.

Rushden Kettlebell Club has now been running for a couple of years and the members consist of several international standard athletes who compete regularly both at home and abroad. Del Wilson, who is the club coach training out of Unit Fitness in Rushden, is the Team Captain for the England Kettlebell Marathon team and is a multiple World Champion, holding several high rank certificates within the sport. He said: "I'm very proud of the efforts of my club at the Pentathlon at the weekend. Kettlebell sport is very tough both physically and mentally and it takes a lot of discipline to keep going when every fibre of your body is telling you to stop."

"Each of my Club members gave it everything and several of them came away with a medal, including young Coral Cox at just 8 years old. She was tremendous and has picked up the technique for the lifts very well indeed. Mum and dad also took part making it a real family affair."



The amazing sandwiches and cakes provided for the athletes and spectators came courtesy of Mrs B's from Rushden. This is the fourth event that Del has organised and the plan is to make the Pentathlon a twice yearly competition. Kettlebell sport provides challenge, motivation and a sense of community. Anyone wanting further information can contact Del at del@kettlebellnation.com. Photos courtesy of Jason Huckle.

The Haunted Library

Are you up to the challenge?

Looking for something spooky and different to try this Halloween? The Haunted Library escape room at Oundle Library could be the challenge your spirit seeks.

This is an adventure game with a difference! Teams of 2-4 people will be locked in the Haunted Library and – with the clock ticking – have to solve a series of ghostly

clues, riddles and puzzles in order to escape. Team times will be recorded and there will be prizes for the fastest escapers at the end of the week.

Sign up as a team, join forces with other library customers, or travel solo – the choice is yours. The Haunted Library is suitable for ages 15+. Younger children must be

accompanied by an adult.

Bookings being taken now! The Haunted Library escape room will only be open in Halloween Week (29th October to 3rd November) during normal library opening hours: Monday to Friday 9am to 5pm, and Saturday 10am to 2pm. Tickets cost £5 per person.

Competition

Win a group booking to The Haunted Library. Simply send your name, address and phone number to news@nenevalleynews.co.uk. Closing date 12noon, Friday 26th October.

To book send an email to oundlib@firstforwellbeing.co.uk or visit Oundle Library and reserve your place.

Prince Orlofsky cordially invites you to attend
Johann Strauss'
Die Fledermaus

Thursday 25th - Saturday 27th October 2018 at 7.30pm - Queen Victoria Hall, Oundle
Sunday 28th October 2018 at 4pm - Key Theatre Studio, Peterborough

Tickets are £15 (adults), £10 (under 19s)
Available from: Oundle Box Office (01832 274734) oundleboxoffice.com
Key Theatre Box Office (01733 207239) vivacity.org

Peterborough Opera
Registered Charity no. 248192

Facebook Twitter Instagram

OSBORNE SPORTS & TOYS

TOYMASTER

www.osbornes-rushden.co.uk

Local traditional toy shop, established over 60 years.

Stockists of Lego, Playmobil, Hornby, Airfix, Hasbro, Mattel, Sylvanian and most leading brands.

118 High Street, Rushden
Northants NN10 0PE
Tel: 01933 312415



Q: When does your heating and hot water supply fail?

A: Just when you need it the most!

Solution: Invest in a cover plan from your local, trusted heating engineers and

CS Plumbing and Heating Ltd will come to your rescue

www.csplumbandheat.co.uk

Boiler	*	*	*
Boiler controls	*	*	*
First service	*	*	*
Annual service	*	*	*
Hot water cylinder	*	*	*
Radiators	*	*	*
Hot pipework	*	*	*
Cold pipework	*	*	*

Cover Plans from
CS Plumbing and Heating Ltd
Covering the Northamptonshire area

Call today on
03303 112 905

Gold* from £19.50 pm
*most popular product

Silver from £15 pm

Bronze from £12 pm



<https://www.csplumbandheat.co.uk/cover-plans-cs-plumbing-heating-ltd/>

Knife crime confirmed as the new subject for Northamptonshire County Schools Challenge

Knife crime has been announced as the new subject for the Northamptonshire County Schools Challenge (NCSC) 2019. Schools across the county are already signing up to take part in this annual competition which asks students to create social enterprise ideas to help educate or support their peers on a particular subject.

The aim of this year's challenge is to help students gain a greater awareness of the dangers of carrying a bladed weapon, help prevent knife crime and reduce the number of injuries caused by using a bladed weapon.

PCSO Alex Franklin, a member of the NCSC steering group, launched the new subject by delivering a talk at Kettering Science Academy, one of the schools taking part. In the coming weeks, more talks will be delivered at different schools to introduce the subject to pupils who have signed up to take part.

PCSO Franklin said: "Knife crime has been on the rise in Northamptonshire in recent years, with 1,235 incidents taking place in 2017-2018.

"We know there are more young people nowadays carrying knives, so using the County Schools Challenge seems to be a perfect way to reach a key target audience to talk about knife crime.

"Unfortunately so many youngsters get involved with knives without really thinking through the dangers these weapons pose, perhaps mistakenly connecting knives with safety and protection. The truth of the matter is carrying a knife can only mean greater risk to you or to someone else and the consequences can be devastating.

"I really look forward to seeing what this year's County Schools Challenge teams come up with. Young people have such a great influence on each other, the ideas coming from

this year's topic could end up saving lives."

NCSC, which is now in its 10th year, is usually run with Year 8 or 9 pupils and most schools carry out an in-house competition to identify one team to then take part in the semi-finals and present to a Dragons' Den style panel.

The best teams from the semis are put forward for the grand final, where they have the opportunity to win £2,000 and the right support to turn their social enterprise idea into a reality.

Previous subjects have included road safety, drugs and psychoactive substances, healthy relationships and e-safety.

Organisers are currently accepting applications from schools hoping to put forward teams for the 2019 challenge. Representatives from schools are welcome to email NCSC at ncsc@northants.pnn.police.uk or call Henny Cameron on 101, extension 345678. The final will take place on 8th July 2019, at The Castle Theatre in Wellingborough.

Tackling knife crime is one of the force's priorities as part of Operation Viper, Northamptonshire Police's crackdown on serious and organised crime. Information relating to knife crime, or about anyone who carries a knife, can be reported via 101 or anonymously to Crimestoppers on 0800 555111.

The Oundle Jigsaw – Volunteer Action's latest fundraiser

Volunteer Action (VA) is a local charity which operates in Oundle, Thrapston, and 50 surrounding villages. Its principal activity is the running of a community car scheme which aims to provide reasonably-priced transport for those in genuine need. Its 75 volunteer drivers take passengers to hospital, surgery or dental appointments, and for social and shopping trips. Demand for this service is growing and more drivers are needed, particularly those based in Thrapston, Warmington and Wansford. VA also provides a befriending service, with befrienders giving one-to-one support and

companionship for the elderly, and those isolated by disability. Again demand is growing and additional befrienders are urgently needed.

VA is partly funded by grants from Local Authorities and the NHS, but also relies on donations from individuals and organisations, and its own fundraising activities. Following an earlier success with the Oundle Monopoly game, Oundle Volunteer Action's latest fund-raising initiative is The Oundle Jigsaw. Based on

an original illustration by Gillian Dolby of Oundle's Dolby Gallery, the 1000-piece jigsaw features shops and other buildings in the town centre, plus a host of residents and other pedestrians, both real and imaginary, going about their daily business. The jigsaw retails at £20 and is available at The Oundle Bookshop, Colemans Stationers and Dolby Gallery, and would make an ideal Christmas present for local residents & anyone associated with the town.

All proceeds from sales of the jigsaw will go to the VA charity – for further details see www.volunteeractionoundle.org.uk. Also if you can help as a volunteer driver, or as a befriender, please contact VA's manager Liz Holland on 01832 275433.

Colemans Craft Warehouse
www.colemans-online.co.uk
Unit 6, Brindley Close,
Rushden, NN10 6EN.
T: 01933 355530

Open 7 Days A Week!

Monday to Saturday: 9.00 to 5.00
Thursday - Late Night: 9.00 to 8.00
Sunday: 10.00 to 4.00

6,500 SQ. FEET OF THE LATEST CRAFT & HOBBY SUPPLIES!!



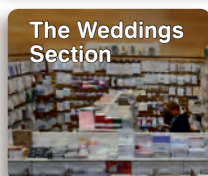
Our New-Look Craft Warehouse



Helpful Staff!



Our Wall Of Fabrics



The Weddings Section



Embellishments Galore!



Our Café



Demonstrations & Workshops Area

At Rushden, Northants our 6,500 sq. foot warehouse has 1000's of craft, haberdashery & hobby supplies - **all at great prices!** Also, we now **OPEN 7 DAYS A WEEK.**

On the **first Saturday of each month** we hold one of our famous **Big Craft Days**. We have simultaneous craft demonstrations by professional demonstrators which are continuous between 10.00am and 4.00pm. There are lots of **special offers** and **free refreshments**. We open for shopping at 8.30am. Demonstrations start at 10.00am.

Our Next Big Craft Day Is On Saturday 3rd November - With 4 Fabulous Demonstrators!

Rosella Cottrell from **Crafters Companion** will show the **new Gemini Stitch Sewing Machine**.



Andy Skinner is an established mixed-media artist, he is making his debut appearance with us to demonstrate various techniques using products from **DecoArt**.

Michelle Johnson from **Stix 2** will be showing us how to create some fabulous Christmas Crackers

Katie Mason is the owner of a dental laboratory. In her spare time Katie's passions are patchwork, quilting and travel which resulted in a trip to America to the famous Houston Quilt Festival.

Katie will be on-hand to give hints & tips on your sewing projects.



Craft workshops

Our Craft Workshops are great value at £5.00 to £70.00 per session!

Unless otherwise stated, this includes refreshments plus all the equipment and materials required for your chosen project.

There are over 50 Workshops to choose from & all are held at the Craft Warehouse in an informal, fun atmosphere.



WORKSHOP PROGRAM

To book, check availability or to request a leaflet detailing the dates and content of our workshops please tel: 01933 355530, ask at any Colemans branch or look online at www.colemans-online.co.uk



Unit 6 Brindley Close
Rushden
Northants
NN10 6EN
T: 01933 355530
E: craft@colemangroup.co.uk
www.colemans-online.co.uk

We offer full disabled access including a passenger lift to our new mezzanine floor



Saturday 20th – Sunday 28th October
Spooky Halloween Trail
 Nene Wetlands Visitor Centre (on the boardwalk at Rushden Lakes Retail Park)
 10am-4pm, £1 per trail (includes a prize), katie.king@wildlifebcn.org or 01933 779587. Collect a trail sheet and look for the spooky animal silhouettes hiding around the lake.

Monday 22nd October
Fabulous Fungi Sculpture Workshop
 Nene Wetlands Visitor Centre 11am-3pm (drop in between these times), admission: £5 per person
katie.king@wildlifebcn.org or 01933 779587. Create miniature sculptures inspired by nature in the workshop with local sculptor, Kathryn Parsons.

Tuesday 23rd October
Make a Pine Cone Bird Feeder
 Nene Wetlands Visitor Centre 11am-3pm, £1 per feeder. Make a bird feeder to help your local birds prepare for winter.

Thursday 25th October
Lunchtime Cello Recital
 St John the Baptist, Cathedral Sq, Peterborough
 1pm, free admission (retiring collection towards costs), 07950 693067. Oundle teenager Nathaniel Watson (cello) and Naomi Woo (piano) perform the Elgar Cello Concerto.

Harvest Supper & Games Evening
 Full Gospel Church Hall, High Street South NN10 0QX
 7pm for 7.30pm, tickets: £6 – please order in advance for catering. See facebook page or call 01933 410280. Harvest supper, entertainment of a quiz and Beetle drive, raffle with awesome prizes.

Tiddlers Group for 0-3 year olds
 Thrapston Baptist Church
 NO Tiddlers this week – half term.

Paint Your Own Porcelain Hedgehog Feeder
 Nene Wetlands Visitor Centre 11am–3pm (drop in between these times), £5 per person
katie.king@wildlifebcn.org or 01933 779587. Help hedgehogs in your garden by decorating your own bowl to feed them with.

Oundle Cinema:
Early Man (PG)
 Stahl Theatre, West Street Oundle PE8 4EJ
 6pm, £6.50/£3 under 18s Oundle Festival, 4 West Street, Oundle, PE8 4EA. Tel. 01832 274734
www.oundlecinema.org.uk, information@oundlefestival.org.uk
 This family friendly film tells the story of caveman Dug and sidekick Hognob as they unite his tribe against a mighty enemy Lord Nooth and his Bronze Age City to save their home.

Friday 26th October
Halloween Spooktacular
 Nene Wetlands Visitor Centre 5pm-6.30pm or 7pm-8.30pm (booking essential), £7.50 per child,

katie.king@wildlifebcn.org or 01933 779587. Decorate a tea light holder, meet real animals and go on a night walk.

Fusion for 7-11 year olds
 Thrapston Baptist Church
 NO Fusion this week – half term.

Friday 26th and Saturday 27th October
Operation Christmas Child – fill a shoebox days
 St James Church, Thrapston 9am-12noon (26th) 9am-1pm (27th) £5 for shipping – all items free 01832 730019. Come along and choose what to put in shoebox from our vast selection of bits.

Saturday 27th October
Cottesmore Military Wives Concert
 St Andrews Church, Barnwell 7.30pm, tickets www.ticketsource.co.uk/barnwell. Celebrating 100 years of the RAF and commemorating 100 years since WW1. All ages welcome.

Movie Night: The Greatest Showman (Sing-along version)
 The Bede House, Higham Ferrers
 Tickets: £10 includes a Fish and Chip supper (we are sorry we are unable to offer any food alternatives)
 Available from Sidey Design.

The Swivel Club presents a Soul/Motown Tribute Show: Diana Ross and The Soul Sisters
 Rushden Town Bowls Club NN10 6AN
 Doors 7pm, £20 available from www.swivelclub.org.uk; Rushden Graphics Alfred Street; The Barbers Shop, Wharf Road, Higham Ferrers; The Bowls Club or hotline 07738080470. A fabulous night of some of Motown's classic sounds, early booking recommended to avoid disappointment.

Quiz Evening for Christian Aid
 Albert Underwood Room, St Peter's Church, Church Street, Irthlingborough NN9 5SE
 7pm, £5 per person includes supper
 Alan Mayes 01933 650369
 A fun evening with John Farrar as Quiz Master.

Rushden Steampunk Spooktacular
 Rushden Station 10am-8pm, £2 adults, £1 children
 Steampunk themed day until dark when the Goods Shed is transformed into a Spooky Halloween World.

Saturday 27th and Sunday 28th October
Halloween Craft Activities
 Nene Wetlands Visitor Centre 11am-3pm (drop in between these times), £1–£5 per activity, katie.king@wildlifebcn.org or 01933 779587
 Gear up for Halloween with a variety of craft activities, including painting ceramic tealight holders.

Sunday 28th October
Whitefriars Church – Morning Worship with Holy Communion
 Whitefriars Church at Whitefriars

Primary School, Boughton Drive, Rushden NN10 9HX
 10.15am. Chris Youngman 01933 551769. An informal church service open to all.

Oundle Cinema:
Darkest Hour (PG)
 Stahl Theatre, West Street Oundle PE8 4EJ
 7.30pm, £6.50/£3 under 18s Oundle Festival, 4 West Street, Oundle, PE8 4EA. Tel. 01832 274734
www.oundlecinema.org.uk, information@oundlefestival.org.uk
 Four weeks in May 1940 would decide the fate of Western Europe, all hanging on the shoulders of one man, Winston Churchill.

All-Age Family Service (with Communion)
 Thrapston Baptist Church 10.30am
 Preacher: Mat Hussain
 All Age Theme – Character Quest. This month: Generosity.

Tuesday 30th October
Alpha Course
 Thrapston Baptist Church 12.30pm-2pm
 Informal session for people interested in exploring if the Christian faith can be relevant to life today.

Thursday 1st November
Benedict Allen: Ultimate Explorer UK Theatre Talk
 The Great Hall, Oundle School 7.30pm (2 hour event including interval with bar), tickets: £16, Helen Shair 07743988181. Famous explorer Benedict Allen talks about his solo expedition to Papua New Guinea.

Tiddlers Group for 0-3 year olds
 Thrapston Baptist Church 9.30am-11am. Friendly and welcoming with lots of toys and play equipment for the little ones to enjoy. £1 per carer – as many toddlers as you like!

Friday 2nd November
Fusion for 7-11 year olds
 Thrapston Baptist Church 6.30pm-8pm. Lively and fun group with games, songs and bible based illustrations.

Whitefriars Church Retireds' Group: David Culwick talking about Peterborough Prison
 The Bridge Community Office at Whitefriars Primary School, Boughton Drive, Rushden NN10 9HX
 1.30om-3pm, free admission
 Celia Underwood 01933 676989
 A friendly group to which all of retirement age are welcome.

Film: The Greatest Showman (PG)
 Ringstead Village Hall, High Street
 Doors 7pm, film starts 7.30pm, £5, 01933 460373. Musical drama based on P.T. Barnum starting his circus in the 1880s.

Saturday 3rd November
Special Away Day – part of Alpha Course
 Frontier Centre 10am-4pm

Peterborough Firework Fiesta
 Peterborough Arena, East of England Showground, Oundle Rd, Alwalton, Peterborough PE2 6XE
 5pm, adult: £8 (advance), £10



(on the night), child: £4 (advance), £5 (on the night). Spectacular firework display, live music, fairground rides and food. Free parking. www.fireworkfiesta.com

Eileen Wade Primary School
 Fireworks Extravaganza
 Eileen Wade Primary School, High Street, Upper Dean PE28 0ND
 5.30pm, £4 advance, £5 on the door
 Corrine Brice 07740450897
 Come and join us for our Fireworks and Bonfire Party with hotdogs, mulled wine, cakes and stalls.

Saturday 3rd and Sunday 4th November
Armistice Day Community Project – Poppies to remember
 St Mary & All Saints Church, Fotheringhay
 11am-5pm, free, Caroline Kisby 01832 226268. Commemoration display of knitted poppies to remember those who fought in WWI.

Sunday 4th November
Morning Service
 Thrapston Baptist Church 10.30am
 Preacher: Mat Hussain
 Get ready to go!
 Col. 4:2-18

Oundle Cinema:
Journey's End (12A)
 Stahl Theatre, West Street Oundle PE8 4EJ
 7.30pm, £6.50/£3 under 18s Oundle Festival, 4 West Street, Oundle PE8 4EA. Tel. 01832 274734 www.oundlecinema.org.uk, information@oundlefestival.org.uk. The story of a group of British soldiers in World War One as they wait out their fate.

Higham Ferrers Footpath Group
 Saffron Road car park Higham Ferrers for car sharing
 9.40am, free, 01933 624387. Six-mile walk from Hargrave.

Make Your Own Porcelain Tile Sculpture
 Nene Wetlands Visitor Centre 9.30am-12.30pm or 1.30pm-4.30pm (booking essential), £25 per person (adults only), katie.king@wildlifebcn.org or 01933 779587. Create porcelain sculptures inspired by nature in this workshop with local sculptor, Kathryn Parsons.

By Appointment
Counselling & Listening Service
 No 1 St Osyth's Lane, Oundle, Northants PE8 4BG
 Free service, Marilyn 07936 015965

Housing, Benefits and Employment Advice
 No 1 St Osyth's Lane, Oundle, Northants PE8 4BG
 01832 770010/
office@oundlebaptist.org.uk

Half-Term
All-age Touch Typing Club
 Mon-Fri, 9.30am-10.30am, learn or refresh skills, £15 course intro with coffee. Diane Gifford 07432 123438

Ongoing
Drawing & Painting Classes
 Ecton Village Hall, Chelveston Village Hall, Warkton Village Hall & Kingsthorpe Community Centre
 £65 per term. Derek Geater 01933 381848/dgartweb.sharepoint.com

German Tutorials
 Oundle area.
 Gudrun 07710 189906/
gudvolk@gmail.com

Sociology Tuition Classes
 Rushden/Higham area
 £15 p/h, Sylvia 07950156502





East
Northamptonshire
Council

Notice of planning applications received

Notice is given that the following applications have been received together with the last date for making representations:

Benefield

18/01867/FUL (10/11/2018) (LB/CA)
Erection of detached dwelling with means of access from Main Street (resubmission of 18/01035/FUL) at land between Winward and 40 Main Street, Upper Benefield.

Duddington With Fineshade

18/01868/LBC (10/11/2018) (LBRegs)
New sewage treatment plant in lieu of existing septic tanks at Manor Farm, High Street, Duddington, PE9 3QE.

Easton-on-the-Hill

18/01844/FUL (03/11/2018) (Info)
Proposed new dwelling to rear of 23 Westfields at land rear of 28-30 and 32 Western Avenue, Easton-on-the-Hill.

Glaphorn

18/01852/FUL (03/11/2018) (Info)
New agricultural access to serve the applicant's agricultural land at Manor Farm, Cotterstock Road, Glaphorn.

Harringworth

18/01869/LBC (10/11/2018) (LBRegs) (LB/CA)
Replacing the existing single glazed windows with conservation style double glazed windows. Removing a pier from the modern built triple bay garage to form a double bay and rebuilding the front wall in like for like material. At Spring Farm House, Gretton Road, Harringworth.

Higham Ferrers

18/01839/FUL (03/11/2018) (Info)
Two storey and single storey rear extension with terrace over single storey element; conversion of integral garage to habitable rooms; alterations to roof height and pitch to existing bedroom 3 at 7 York Road, Higham Ferrers, NN10 8HZ.

18/01863/FUL (10/11/2018) (LB/CA)

Replacement of front and side ground floor windows and entrance door (resubmission of 18/00820/FUL) at 98 High Street Higham Ferrers, NN10 8BJ.

Irthlingborough

18/01671/FUL (03/11/2018) (Info)
Proposed 2 no. new two storey dwellings with off road parking at land adjacent to 42 Jubilee Street, Irthlingborough.

18/01880/FUL (10/11/2018) (LB/CA)

Residential development of 4no. dwellings including access, parking and amenity land at 49 Finedon Road, Irthlingborough, NN9 5TY.

Oundle

18/01873/FUL (03/11/2018) (Info)
Front and rear side extensions and partial conversion of garage plus off road parking to front at 23 Monson Way, Oundle, PE8 4QG.

Polebrook

18/01820/FUL (03/11/2018) (Info)
Development and alterations to dwelling house to create habitable rooms to roof space and changes to fenestration to include 2no. New gables to north elevation. Side extension to create carport and detached single storey triple garage to front at 2 Fergusons Close, Polebrook, PE8 5LH.

Raunds

18/01732/FUL (03/11/2018) (Info)
Conversion of existing barns to stables and change of use of land from agricultural to equestrian use. Retrospective change of use of small parcel of land within the site to commercial caravan storage. At 111 London Road, Raunds, NN9 6DB.

18/01871/FUL (03/11/2018) (Info)

Two storey rear extension; single storey front extension; amended vehicle access to the highway at 38 Stanwick Road, Raunds, NN9 6DG.

Ringstead

18/01785/FUL (03/11/2018) (Info)
Infill extension and conversion of double garage at 3 Ham Lane, Ringstead, NN14 4AT.

Rushden

18/01789/FUL (10/11/2018) (LB/CA)
Change of use from A1 retail to D1 Kip McGrath Tuition Centre providing tuition in maths and literacy at 5 Hamblin Court, Rushden, NN10 0RU.

18/01842/FUL (03/11/2018) (Info)

First floor extension with dormers to side of dwelling and front porch at 4 Holly Road, Rushden, NN10 6AT.

18/01870/FUL (03/11/2018) (Info)

Garage conversion at 8 Campion Close, Rushden, NN10 0UJ.

Thrapston

18/01803/FUL (03/11/2018) (Info)
Locating of porta-cabin onto a hard standing, alongside the veterinary practice at Lake View Veterinary Centre, Top Close, Thrapston, NN14 4PP.

18/01843/FUL (03/11/2018) (Info)

To replace existing conservatory roof and wall frames with new roof and wall frames at 17 Heron Avenue, Thrapston, NN14 4JF.

18/01879/FUL (03/11/2018) (Info)

Single storey extension to existing detached double garage to allow additional garaging at 148 Oundle Road, Thrapston, NN14 4PG.

Twywell

18/01850/VAR (10/11/2018) (LB/CA)
Variation of condition 20 to vary the original plans to allow for 1st floor escape windows to four of the bedrooms, pursuant to planning application 17/00565/FUL: Conversion of agricultural building to residential dwelling dated 31.05.2017 at Blackwells Barn, High Street, Twywell.

The reason for applications being advertised is as follows:

Part3 - Town and Country Planning (General Development Procedure) Order 2015.
Part16 - Town and Country Planning (General Development Procedure) Order 2015.
Info - Non-statutory - included for information only.
LB/CA - Planning (Listed Buildings and Conservation Areas Act 1990.
LBRegs - Planning (Listed Buildings and Conservation Areas) Regulations 1990.

Paul Bland, Head Of Planning Services
Dated 20 October 2018

Consultation deadlines will differ for each application.

Please go to www.east-northamptonshire.gov.uk/planningapplications for details.

From the Chairman

The highlight over the last couple of weeks was attending the Bernard Vann VC Memorial Day held in Rushden. The memorial and commemorative service marked the posthumous award of the Victoria Cross, 100 years ago, to Lieutenant Colonel, The Reverend Bernard Vann who was born and lived in Rushden.

He was the only ordained Church of England clergyman to be awarded the VC as a combatant and a commemorative stone was unveiled by his two grandsons at the parade.

The Victoria Cross was awarded to Bernard Vann for his actions on 29th September 1918 at Bellenglise and Lehaucourt, France. Bernard Vann was commissioned into the Sherwood Foresters and it

was good to see veterans of the former regiment and their successors, The Mercian Regiment, along with their regimental mascot, Private Derby 32nd, a Swaledale Ram.

A viewpoint at Rushden Lakes recognises Bernard Vann and is located on the Nature Trail's one-mile wheelchair and pushchair friendly path around the lake, facing south towards Rushden. Just one of the many walks around

the district which can be enjoyed in the wonderful autumn weather we are experiencing as I write this column.

This year, as we mark 100 years since the end of WWI, it is important that we remember the sacrifices made by men and women both before and since for the freedoms we have today.

*ENC Chairman,
Cllr Wendy Brackenbury*



Official mascot of the Mercian Regiment, Private Derby, a Swaledale ram

INCREDIBLE TRANSFORMATIONS for YOUR HOME

- Windows
- Fascias
- Soffits
- Conservatories
- Gutters

Inside too:
• Carpets
& Floors

"Windows and all the whites are really clean. Fascias and guttering look good as new. Friendly, helpful and people who are good at what they do."
Alex W

YOUR GARDEN

- Patios
- Driveways
- Block Paving
- Slabs
- Pavements
- Decking

"Excellent, highly professional, friendly service with a smile. Incredibly good value. Very impressed, will have no hesitation in recommending Brian & Co to family, friends and anyone else who requires the services they offer."
Tina B

YOU'RE WELCOME

CLEAR & CLEAN

SPARKLING, SPOTLESS SOLUTIONS

0800 061 4334

Fully Insured & CRB Approved

RESIDENTIAL & COMMERCIAL:

Window Cleaning • Fascia Cleaning • Conservatory Cleaning
Gutter Cleaning • Carpet Cleaning • Driveway Cleaning
Communal Area Cleaning and much more!

www.clearandcleanwindowcleaning.co.uk



**THE
GARAGE DOOR
CENTRE**

Give Us A Visit!

Come and visit our Unique showroom in Wellingborough, with over 126 products, including working models, for you to look at, touch and try for yourself.

Alternatively, check out our Autumn deals online, including deals on certain Hormann up and over doors!

**Call Us Now on
01933 229135**

**6-8 Meadow Court, Ise Valley Trading Estate
Finedon Road, Wellingborough, NN8 4BH**

Opening Hours: Monday to Friday 08:30 to 17:30, Saturdays from 09:00 to 16:00

Heritage Family Fun Day

The Higham Ferrers and Rushden Heritage Family Fun Day took place on Sunday 16th September at Rushden Lakes. The fun-filled day was held as part of the annual 10-day Nene Valley Festival and as a part of the National Heritage open weekends.

The event was organised by Rushden and Higham Ferrers Town Councils, supported by Rushden Lakes and brought together a family day out with an opportunity for new visitors to learn all about the heritage and history of the local towns.

Local businesses from Rushden and Higham Ferrers were invited to have a stall free of charge at the event. Over 35 local businesses and community groups were pleased to be able to take up this opportunity and attended on the day – feedback has been extremely positive from all parties.

The entertainment at the event included performances by

Rushden Town Band, medieval fun and entertainment, heritage displays, family activities and a chance for the Higham Chichele Society to launch their fascinating, illustrated timeline of Higham Ferrers, plus an excellent chance to browse the local business stalls.

A 'Shop Local in Rushden and Higham Ferrers High Streets' booklet containing over 48 redeemable discount vouchers was compiled and produced in September by the Town Councils. Over 1,500 booklets were given out to visitors at the Heritage Family Fun Day, a further 500 booklets have been distributed amongst the shops on both High

Streets.

Other giveaways handed out on the day included approximately 500 promotional shopping bags

containing interesting local literature aimed at encouraging new visitors to come and explore the nearby towns.

The aim of the Heritage Family Fun Day was not only to raise awareness of all that is available in Rushden and Higham Ferrers but also to showcase the local heritage and offer a snippet of information about the local history.



How to stay safe this autumn

People across the borough are gearing up for Halloween and Bonfire Night.

Northants Police and Fire Service and the Borough Council of Wellingborough are providing hints and tips to help make sure these seasonal festivities can be enjoyed by everyone.

Halloween can be fun for adults and youngsters, but not everyone chooses to join in the celebrations. Don't knock on doors where you see a 'no trick or treat sign', and try and stick to houses that are decorated with pumpkins outside. Parents, be sure to accompany your little ones while out and about and plan your route beforehand, going to houses where you

know the residents. Stay in places that are well lit, and take a torch with you. And remember: pop your pumpkins in your compost bin once they're finished with.

Once the Halloween decorations and costumes are put away, people will begin preparing for Bonfire Night. To make sure that people of all ages can enjoy the celebrations, supervise young children away from fireworks, bonfires and sparklers. Sparklers should be kept away from children under 5.

If you're hosting a Bonfire Party, only buy fireworks from a licensed retailer with a CE mark. Ensure that fireworks are lit away from properties at arms length and always have

a bucket of water handy. At the end of the night, pour water on the embers and make sure that you collect all used fireworks and, once they're completely cool, dispose of them in black bins.

Amanda Wilcox, Principal Environmental Health Manager at the Borough Council of Wellingborough, said: "Autumn is a great time of year for families to come together and celebrate Halloween and Bonfire Night. We would urge residents to be responsible when out and about trick-or-treating or attending a Bonfire Night celebration and keep an eye on youngsters and senior citizens to make sure everyone has a safe and enjoyable time."

Champion dog

About four years ago, the Swivel Club helped to fund training for Elkie to become a Diabetic Alert Dog. Her owner, John Stave, who lives in Rushden, and his wife Lorraine, acquired Elkie, a Springer Spaniel who was 18 weeks old, from a company in Ireland. The plan was for her to return to Ireland at 12 months old, to be trained.

Unfortunately the company let John and Lorraine down, and Elkie still needed to be trained. They found an ex-Police Dog trainer locally, and the Swivel Club charity funded all the training. Elkie was enthusiastic, and showed a natural ability

to reach a high standard. She passed the Kennel Club Good Citizen Award for obedience.

She has excelled herself, and has on several occasions alerted John when his glucose levels have become critical, even when John has been sleeping, preventing John from falls.

A few weeks ago John and Lorraine received a letter informing them that Elkie had been nominated as a finalist in the ASDA Hero Dog Award, at the National Pet Show in Manchester on 6th-7th October.

John was unable to attend, due to having had knee surgery. Lorraine and a neighbour attended the event and were



stunned when Elkie was announced as the winner.

Proud owners John and Lorraine continue to attend the Swivel Club events at Rushden Town Bowls Club. They always take Elkie along and are often

asked about how she was trained. They are more than happy to explain their good fortune, and how lucky they feel, thanking all the supporters of Swivel Club, known for 'Turning Lives Around'.

Nene Valley news Classifieds



ACCOUNTANCY

FAYREHAVEN
ACCOUNTANCY SERVICES
CHARTERED CERTIFIED
ACCOUNTANTS
4c Stanwick Rd, Higham Ferrers, NN10 8JG
Tel: 01933 312080 / Mobile: 07905730623
E-Mail: neil.perera@accamail.com / neil.perera777@gmail.com
Book Keeping & Accounts Preparation
Self Assessment & CT returns
Please call me to discuss your business needs. Thanks - Neil Perera

Jon Essam & Co Ltd

Chartered Accountants

- Self Assessment Tax Returns
- Limited Company services
- VAT & CIS Returns
- New Business Start Ups and advice
- Payroll & Auto-enrolment services
- Sage & Xero specialists
- Free initial consultation

Tel: 01832 730280 Fax: 01832 730281
info@essamca.co.uk www.essamca.co.uk

23 Cottingham Way, Thrapston,
Kettering, Northants, NN14 4PL



CARE HOMES

Rose Cottage Residential Care Home Woodford

For the elderly and dementia

We are a small care home with eight residents only.
All rooms are single en-suite and ground floor.
We provide respite care and day care.

Telephone 01832 735417
www.rosecottagewoodford.co.uk

Follow us on Facebook



HOME IMPROVEMENTS

KitchenDoor Solutions

Replacement doors and kitchen refurbishment

Doors available in solid wood, painted and laminate finishes



Iain Smith

Tel: 01933 311310

Mob: 07583 869741

SPECIALISTS

SINCE 1980

The WOODWORKS Kitchen service

SPECIALISTS IN ALL ASPECTS OF KITCHEN REFURBISHMENT

Replacement Kitchen doors
Worktops supplied & fitted
Sinks, Taps & Appliances
Wardrobes built & fitted
Made to measure
Bathroom furniture



Update your existing kitchen to give
you stunning looks, optimised storage
space and increased accessibility

WWW.WOODWORKS-KITCHENS.CO.UK Call now for a free no obligation quote
Family business est 1999 01933 449239

!!!GET PLASTERED!!!

30 years experience
For all your plastering needs.
No job too small, no fuss, no nonsense!
Reliable and trustworthy service at the best possible price.
Call Steve for free, friendly advice or a free quote.

07703 720138 • 01933 430051

Ashby's Allsorts
Home Improvement & Handyman Services

Free Estimates
No Job Too Small
Inside and Outside Work Undertaken
Public Liability Insurance
Quality Work at Competitive Prices

Tel: 01832 771020
Mobile: 07584 673767
Email: contact@ashbys-allsorts.co.uk
www.ashbys-allsorts.co.uk

Based in Thrapston, we service a radius of 30ish miles

Jon Spencer
Technical Drawing Services

Plans drawn for planning and building regulation applications

01933 316044

ALAN TAYLOR
For your local plastering

Boarding, Covering, Rendering
All aspects of plastering. Enquiries welcome.
Call Alan for a free quotation or advice on
01933 430098 or 07977 926717

Debbie Dawson Interior Painter and Decorator

• Free estimates • Over 15 years experience
Tel: 01832 274652 Mobile: 07779 393458

10% DISCOUNT FOR OVER 70's

Get the Job Done
HANDYMAN
SMALL JOB SPECIALIST

✓ Experienced ✓ Professional ✓ Quality work
nenevalleyhandyman@gmail.com

07737 023 330

CONSERVATORIES

EG VICTORIAN 3500 BY 3500
FULLY INSTALLED INCLUDING
ALL BRICKWORK AND VAT

£7250

ALL OTHER DESIGNS AND SIZES AVAILABLE
UNBEATABLE PRICES
PHONE NICK ALLINGTON ON
(01832) 734070
WWW.CONSERVATORIESBUILT.CO.UK

PGR
Plumbing & Heating

Tel: 01933 698116
24 Hr Emergency Service
Email: pgrplumbing@hotmail.com
Web: www.pgrplumbing.co.uk

Specialists in Gas Installations
Gas Servicing & Maintenance
Landlords Gas Safety Certificates
Central Heating Powerflushing
Household Plumbing & Drainage

Simon Vale
Painter & Decorator

High quality • Competitive prices
Free estimates

07568 587367 or 01933 228671

Plumber — local & fast!
RGJ PLUMBING AND HEATING

Plumbing

- Full bathroom installation (inc carpentry & tiling)
- Burst pipes & leaks
- Toilet repair/replace
- Taps, sinks repair/replace
- Showers repair/replace & pumps

Heating

- Full central heating installation
- Boiler servicing/breakdowns
- Landlord safety certificates
- Power flushing
- Radiators & valves
- Pumps & cylinders

No call-out charge!
City & Guilds Qualified
All work guaranteed

01933 588005 or 07921 469471

A. SEATON
ELECTRICAL LTD

Part P Registered

- Rewires, fuse board replacements
- Fault finding, extra sockets & lights
- Testing, inspection & certification
- No job too small, free estimates given

Email: seatonsparky@gmail.com
T: 01933 778504 M: 07952 249885

CLEAR THE JUNK
The Rose Clearance Service

Full - Part - Single Items.
Fully Registered and Insured. Est 30 years.
www.rose-clearance-services.co.uk
Tel: 07761 248266/07443 605859

DC Heating
SAFE IN OUR HANDS

YOUR LOCAL PROFESSIONAL HEATING ENGINEERS YOU CAN TRUST

REPAIRS
SERVICING
INSTALLATIONS

Phone today for a free quotation on
Tel: 01933 392 719
www.dcheatingengineers.co.uk

ENSIGN GAS ENGINEERS

GAS FIRES, GAS COOKERS
INSTALLATION, SERVICE AND REPAIR

Recommended service agent for:
Focal Point Fires, Superior Fires and Eco Fires

NO CALL OUT CHARGE

Tel: 01933 318327

PLUMBER

All plumbing work undertaken - No call out charge

Toilet repairs - Dripping overflows - Leaks and bursts
Garden taps installed - Tap repairs and replacements
Radiators supplied and fitted

20 years' experience
Call Tim 01832 358248 or 07957 550660

COSTUME JEWELLERY AND ALL UNWANTED JEWELLERY
BROKEN OR PERFECT BOUGHT.
BROKEN GOLD ITEMS ALWAYS BOUGHT.
ALSO OLD WATCHES AND COINS.
ANY QUANTITY. JILL WILDING 01832 737803.

HANDY HERBERTS
Home & Garden Maintenance

All garden and exterior maintenance work undertaken including professional gutter cleaning, graveling, fencing, patios fitted, external painting and hedge trimming.

01933 563365 or 07725 225214
handyherberts@yahoo.co.uk

DONNO R G
TV/AERIAL SERVICES

Est 1981

TV/DVD repairs, servicing at your home if possible. Full installation service available. Freesat and Freeview digital aerials supplied and installed from £80. All work guaranteed. No call out charge locally. Free estimates on repairs.

Tel: 01933 356680

Easyflow Plumbing
Plumbing & Heating Services

Bathroom Installations
Heating Systems
General Household Plumbing

Tel: 07840 254 025 or 01604 946896
robertadford77@gmail.com

Patsabout Locks 24 Hour Locksmith

Residential & Commercial Fittings
On Call Maintenance • Fast Response Time
New Locks Fitted on Site • Emergency Door Opening

Patsabout.locks@gmail.com
07415374045 • www.patsaboutlocks.com

PET SERVICES

Services include:
Doggy Day Care
Dog Walking
Puppy Visits
Pet Sitting
Cat Visits
Home Boarding

Contact Sarah on:
07766 523292
www.ccpetservices.co.uk
sarah@ccpetservices.co.uk

David Mallett
REMOVALS & GENERAL HAULAGE

For a **FREE** quotation call
Mob: 0788 996 8064
Tel: 01832 731570

Local Friendly Service

JOBS BOARD

Self Employed driver with large car/van to do multidrops of newspapers.

Fridays fortnightly in local areas.

Please apply at www.whistl.co.uk/careers and see newspaper delivery - please specify multidrop vacancy on application.

whistl

To advertise in Nene Valley News call
01522 513515

PUBLIC NOTICES

NORTHAMPTONSHIRE COUNTY COUNCIL
ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14

THE NORTHAMPTONSHIRE COUNTY COUNCIL (STABLE HILL, BRIGSTOCK)

(TEMPORARY PROHIBITION OF THROUGH TRAFFIC) ORDER 2018

NOTICE IS HEREBY GIVEN that Northamptonshire County Council have made an Order the effect of which will be to prohibit traffic from proceeding along that length of Stable Hill, Brigstock as set out below.

LENGTH OF ROAD TO WHICH RESTRICTION APPLIES:
That length of Stable Hill, Brigstock from The Syke to Hall Hill.

REASONS FOR RESTRICTION: The restriction is required for safety during water repair works and any necessary highway works.

PERIOD OF CLOSURE: The proposed Order will come into effect on 31st October 2018 and will continue in force for a period of eighteen months. An application may be made for the approval of the Secretary of State for Transport for the Order to be extended if this proves necessary. However, the restriction specified will have effect only at such times and to such an extent as is indicated by the display of signs prescribed by the Traffic Signs Regulations and General Directions 2016.

EXPECTED DURATION: It is expected that the road will be restricted for up to three days.

ALTERNATIVE ROUTES: use The Syke, Church Street and Hall Hill.

Dated this 20th day of October 2018
DEBBIE CARTER-HUGHES
Head of Property & Planning Law
PKG/T18/349

If you require any further information please contact Gary Thorp on 01604 883400.

NORTHAMPTONSHIRE COUNTY COUNCIL
ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14

THE NORTHAMPTONSHIRE COUNTY COUNCIL (MAIN STREET, BARNWELL)

(TEMPORARY PROHIBITION OF THROUGH TRAFFIC) ORDER 2018

NOTICE IS HEREBY GIVEN that Northamptonshire County Council have made an Order the effect of which is to prohibit traffic from proceeding along that length of Main Street, Barnwell as set out below.

LENGTH OF ROAD TO WHICH RESTRICTION APPLIES:
That length of Main Street, Barnwell from outside entrance to Linden.

REASONS FOR RESTRICTION: The restriction is required for safety during trial holes.

PERIOD OF CLOSURE: The proposed Order will come into effect on 5th November 2018 and will continue in force for a period of eighteen months. An application may be made for the approval of the Secretary of State for Transport for the Order to be extended if this proves necessary. However, the restriction specified will have effect only at such times and to such an extent as is indicated by the display of signs prescribed by the Traffic Signs Regulations and General Directions 2016.

EXPECTED DURATION: It is expected that the road will be restricted until 9th November 2018.

ALTERNATIVE ROUTE: use parallel section.

Dated this 20th day of October 2018
DEBBIE CARTER-HUGHES
Head of Property & Planning Law
PKG/T18/389

If you require any further information please contact Gary Thorp on 01604 883400.

Town and Country Planning (Development Management Procedure) (England) Order 2015
NOTICE UNDER ARTICLE 11 OF APPLICATION FOR PLANNING PERMISSION

Proposed development at:
No16 Slate Drift Collyweston Stamford PE9 3PG

Take notice that application is being made by:
Mr & Mrs S. Smith

For planning permission to:
Replacement dwelling on existing residential site No16 Slate Drift Collyweston

Local planning authority to whom the application is being submitted:
East Northamptonshire Council, Cedar Drive, Thrapston, Northants NN14 4LZ.

Any owner of the land or tenant who wishes to make representations about this application, should write to the council within 21 days of the date of this notice.

Signatory: Mr S. Smith
Date: 16/10/2018

Statement of owners' rights: The grant of planning permission does not affect owners' rights to retain or dispose of their property, unless there is some provision to the contrary in an agreement or lease.

Statement of agricultural tenants' rights: The grant of planning permission for non-agricultural development may affect agricultural tenants' security of tenure.

'Owner' means a person having a freehold interest or a leasehold interest the unexpired term of which is not less than seven years.
'Tenant' means a tenant of an agricultural holding any part of which is comprised in the land.

OSCAR Radio celebrates its 20th year making broadcasting history

OSCAR Radio, Oundle School's vocal hub and the only station to be run and directed exclusively by pupils, is celebrating its 20th year on air with a four-week broadcast starting on 7th November.

Giving pupils of all ages the chance to plan, produce and present programmes of their own making, the station has created a wonderful centre for all members of the Oundle School community to showcase their talents. A team of nine Upper Sixth Form pupils, assisted by a further 20 deputies, run aspects of the radio from recruitment to marketing to timetabling and all pupils are given the opportunity to run a show.

Managing Directors, Ed Hodgson (17) and Pandora Bannister (18), commented: "OSCAR Radio is one of the school's best assets, and to be leading it into its 20th anniversary broadcast is a

real privilege. We hope to get more pupils involved than ever before in the unique opportunities that the radio offers; and for the listeners, to provide more varied, exciting content to propel OSCAR into its third decade."

Teacher in charge of OSCAR Radio, Chris Pettitt, said: "OSCAR Radio was conceived by my predecessor, David Fuller, in 1998 and has gone from strength to strength during the 20 years of its existence. I took over in 2005 and it has been a great honour to watch as generations of Oundle pupils have benefited from the management, journalistic and media experience that

OSCAR has offered them. Happy birthday OSCAR, here's to the next 20 years!"

OSCAR Radio reaches a 30-square-mile range via FM Radio 87.9FM, and globally on oscar-radio.org. With the fresh and innovative ideas of pupils wanting to create and host their own shows, OSCAR Radio has enjoyed a diverse selection of programmes from music and news to interviews and sport, each as interesting and creative as the next.

Commenting on this milestone for the School, Head Mrs Kerr-Dineen, said: "OSCAR Radio is a source of great pride for Oundle School and gives unique journalism and leadership opportunities to our pupils. It



is wonderful to see it go from strength to strength as it celebrates its 20th birthday."

The upcoming broadcast will run from 7th November-4th December with all the diversity of programmes that OSCAR always aims to deliver. This year, the radio's instagram (@oscar_radio_official) account

has been revamped and will be offering information on what's on as well as new ways to participate throughout the broadcast.

Listeners will be able to tune in on their radios or use the live streaming utility on OSCAR's website where they can also listen to podcasts. Thanks to an update of the

OSCAR website last year, listeners all over the globe are able to listen in and access the programmes and information about OSCAR. 20th anniversary festivities will be occurring all month, with newly-made jingles from some of the most influential managing directors in OSCAR history.



External designs

www.addingtons.net -

See our portfolios and services

Our sister companies have their own specific skilled and employed teams from landscapers to plumbers, carpenters, tilers and decorators.



Visit us at our beautiful showroom, off **The Market Square, Higham Ferrers, NN10 8DL** where we can discuss how we can design, build and install your **bespoke bathroom, kitchen or landscape garden.**



Looking for an appliance specialist with extensive product knowledge?



01933 355687

www.addingtons-bathrooms.co.uk -

See our portfolios and services

Internal designs

