

Nene Valley

news

YOUR LOCAL INDEPENDENT COMMUNITY
NEWSPAPER FOR EAST NORTHAMPTONSHIRE

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news story or event at
www.nenevalleynews.co.uk**

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CHRISTMAS**

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**STUNNING NEW
BRIDGE AT FERRY
MEADOWS
NOW OPEN**

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NEWS IN BRIEF

Activities planned for former Riding School site

Nene Park Trust will soon begin work to bring Lynch Farm, a former riding school on Wistow Way, back into community use.

Lynch Farm, the Grade II listed building and associated grounds on the edge of Ferry Meadows Country Park, was the home of Lynch Farm Riding School for 50 years before the owners retired in September 2022, and the site has remained unused since then. The farm is part of Nene Park and the Trust have since taken stewardship of it and begun maintaining the grounds and buildings. Whilst no long-term plans have been finalised, the interim usage will trial some activities and enable the expansion of the Trust's education and events offering for the benefit of the communities across the city.

Andrew MacDermott, Acting Chief Executive at Nene Park Trust said: "Whilst it was sad to see the riding school close, we wish Duncan and Rachel all the best in their retirement, and we look forward to a whole new generation of Peterborough residents making memories there."

Chester House Estate celebrates two years of visitors

There have been celebrations at the Chester House Estate as this nationally significant heritage site marks its second birthday.

Since opening in October 2021, the site has gone from strength to strength welcoming over 250,000 visitors, developing the offering and events calendar, including recent Halloween themed events.

The past year has seen two pedestrian bridges officially opened, which cross the main River Nene and link Wellingborough, Irchester and Rushden with the Chester House Estate, the introduction of large storyboards showcasing the site's 10,000 years of history, the opening of the new escape rooms and the creation of a new memorial garden for Queen Elizabeth II.

The schools programme continues to grow with over 4,000 pupils attending events, archaeological digs and educational trips throughout the past year. The team are also delighted that the Estate's volunteer base has also grown by

30% and every volunteer becomes part of the Chester House Estate family.

Other highlights include the hosting of more than 40 events, from Christmas to Halloween, outdoor music nights, Roman re-enactments and children's events throughout the school holidays.

The team are now excited about the opening of the new escape room and of course Christmas, with visits from Santa! NNC have ambitious and long-term plans to develop the Estate further.

During an event to celebrate the Estate's 2nd birthday, Cllr Helen Howell, Deputy Leader of North Northamptonshire Council and Executive Member for Sport, Leisure, Culture and Tourism, said: "Two years ago, the Chester House Estate opened its doors to the public. We are extremely proud to be the home of 10,000 years of history. Literally, every step you take

here is packed with history, much of it's still buried. We are committed to caring for and preserving our historical landscape for future generations. The team, including our volunteers, do an amazing job engaging with the visitors and explaining about the history of the site, which is great to see and shows how important the site is.

"In just two years, the Chester House Estate has become Northamptonshire's go-to destination for family-friendly events, and we hope this continues for many years to come. If you have not visited the site yet, make sure you check our website to find out what exciting events we have coming up – we look forward to welcoming you!"

Cllr Jason Smithers, Leader of North Northamptonshire Council, said: "After a successful two years, the Chester House Estate is now firmly embedded into the community, with businesses thriving and growing on site and visitors flocking to the events.

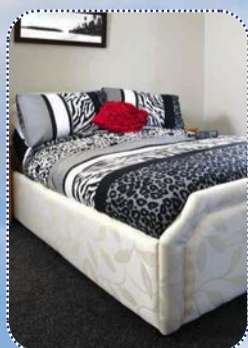
"The continued success is all down to the dedicated staff and volunteers, who



constantly look to innovate and develop the offering."

Chester House Estate is overseen by North Northamptonshire Council and opened to the public in October 2021, following an extensive £17m National Lottery Heritage Funded restoration project. For more information about the Chester House Estate and upcoming events, visit the Estate's website.

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Halloween Encounters sessions at Rushden Hall

The Halloween Animal Encounters workshop for children hosted by Rushden Town Council was an exciting and educational event that aimed to teach children about various animals and their habitats.

It took place at Rushden Hall, a beautiful building dating back to the 15th century, with the venue decorated to a Halloween theme.

The workshop began with a presentation on each of the animals. During the sessions, children were given

the opportunity to interact with live animals. They were introduced to a variety of creatures, including rats, snakes, spiders and mini beasts. They were taught how to handle them gently and were encouraged to ask questions about their diet, behaviour and care.

During one of the sessions, Rushden Mayor Cllr Tracey Smith was present and participated in the animal handling activities. She also presented certificates to all the brave children who participated in the workshop.

Throughout the workshop, the children were encouraged to ask questions and actively participate in the learning experience. The workshop leader provided information on proper handling and care for each animal and emphasised the importance of respecting and understanding these creatures.

Overall, the Halloween Animal Encounters workshop offered children an exciting opportunity to learn about and interact with a variety of animals in a fun and educational setting.

GENEALOGY JOTTINGS

WORDS BY
JAN PEARSON

Hello all. Last time, I mentioned photographs and these can be an absolute goldmine for getting people to talk about past relatives.

Do you remember those small cardboard suitcases that used to be popular back in the 1940s? Well, one day, my father presented me with one that had been knocking about in his garage saying, "I wonder if any of this would help." Help??? It was wonderful! An Aladdin's cave! I sat him down and we went through it together as I did not know who half the people were. There were photographs of my great grandparents in there, which I had never seen before. My great grandfather died five years before I was born and my great grandmother four years, so I never knew them. There was also a newspaper cutting in there of the funeral of another great grandmother, which listed all of the people who attended, as well as from whom all of the floral tributes were sent. This sent me off on another trail of finding out about my grandmother's siblings and their spouses. The thing to remember about this time (1936) is that married women were often referred to by

their husband's initials, so Mary Smith, who was married to George, would be referred to as Mrs G Smith and not Mrs M Smith – or even Mary Smith – as is common nowadays.

I was so pleased that I did this with my Dad as he died almost two years ago at the grand old age of 93. However, his memory was as sharp as ever! Talk to those relatives whilst you still have the chance.

Just a thought, but is there anything specific that you would like me to cover? You can contact me via the Nene Valley News (news@nenevalleynews.co.uk) or by visiting my family history forum at <https://genealogy-specialists.com> and clicking on the contact button at the bottom of the page. Of course, not everyone is linked up to the internet so letters are also very welcome. Please write to me c/o Nene Valley News, 9 Checkpoint Court, Sadler Road, Lincoln LN6 3PW.

Genealogy Specialists, Tracing Our Past, Discovering Our Genes (TOP DOG)
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Honour for Courtney

The winner of The Rotary Club of Rushden's Young Achiever Award for 2023 is Courtney Reece-Cutmore, a pupil at The Rushden Academy who epitomises what can be achieved through hard work and dedication, regardless of external factors. The Award was presented to Courtney by Rotarian Richard Massey at the Academy's Award Ceremony.

Courtney has gone through the secondary school journey and has overcome various adversities she has experienced throughout her life.

She has shown what the term resilience truly means, and has not given up, despite everything she has faced.

After struggling at Maths in the first set of mock exams, she has clearly taken on board good advice given to her and sought support from The Rushden Academy staff, which led to her passing the subject, showing true grit and determination.



Overall, she secured an excellent set of examination results and ensured she could take her next steps at TENC towards her goal of entering university.

Courtney has grown into a kind-hearted, mature and upstanding member of the school and wider community, a true winner of the Rotary Club's honour!

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Articles to the editor by: Wednesday 29th November**

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Secondary school children in Thrapston and Islip to keep statutory free bus travel to Prince William School

Following a review of its new 'Home to School' policy, North Northants Council officers can confirm that school children under 16 in Thrapston and Islip can continue to benefit from statutory free bus travel to Oundle's Prince William School.



**North
Northamptonshire
Council**

LATEST NEWS

At the Executive meeting on 12th July council members approved the new 'Home to School' policy but asked officers to continue to work with key stakeholders to make sure that the potential impact on the residents of Thrapston and the surrounding area was minimal.

It was recognised that children of secondary school age at Thrapston and Islip have historically been sent to Prince William School, a link which has been appreciated and cherished by parents and schools alike. It is, however, a school which is not geographically nearest and, in line with the new policy, free transport was at risk.

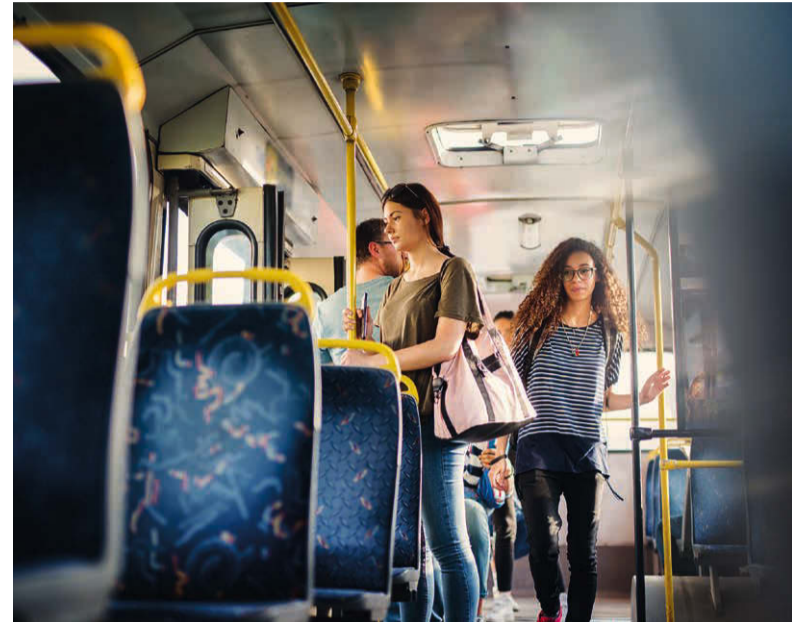
However, the council officers reviewed the new policy and can now confirm that as per the Department for Education's (DfE) definition, a school may be considered 'suitable,' and therefore eligible for statutory free transport, under the admissions criteria if a school which is geographically nearer is full.

It has been recognised that whilst Thrapston is nearer to Manor School than to Prince William School, Manor School regularly has limited spare capacity and therefore is not suitable for supporting the significant demand for school places from pupils living in the Thrapston area.

Matt Binley, North Northamptonshire Council's Executive Member for Highways, Travel and Assets, said: "There has been some concern from parents, NNC Ward Councillors and the MP about the impact of the new Home to School policy from parents in the Thrapston area. I am delighted to announce that we can now clarify that parents from the Thrapston and Islip areas who state a preference for Prince William or Manor School, and meet the other criteria within the Home to School transport policy, will be eligible for statutory free transport to school."

Cllr Jason Smithers, Leader of North Northamptonshire Council, said: "I am pleased for the families in the Thrapston and Islip areas. The new policy means that younger generations can continue to follow in their family's footsteps."

Earlier this year people were asked for their views on new policy proposals for the future of home



to school transport provided in North Northamptonshire. Although refreshed annually, wide-scale changes have not been introduced

for about a decade and with rising costs, the council needed to re-examine its approach and the amount it can afford to subsidise.

The new Home to School policy changes will be introduced from September 2024 for the start of the 2024 to 2025 academic year.

Consistently excellent.

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Sat 18 Chocolate Festival at Melton Mowbray
Sun 19 Blenheim Palace Christmas Market
Wed 22 Kew at Christmas
Thu 23 Bury St Edmunds Christmas Market
Fri 24 Thursford Christmas Spectacular
Sat 25 Cadbury World at Christmas
Sat 25 Bath Christmas Market
Sun 26 Skegness Christmas Market
Mon 27 Thursford Christmas Spectacular

DECEMBER

Fri 1 Thursford Christmas Market
Fri 1 Worcester Christmas Market
Sat 2 Melton Mowbray Christmas Market
Sun 3 Rochester Christmas Market
Thu 7 Thursford Christmas Spectacular
Thu 7 Christmas Lunch River Cruise
Fri 8 Stratford Upon Avon Victorian Christmas
Sat 9 Oxford Christmas Market
Sat 9 Nottingham Christmas Market
Sun 10 Stratford Upon Avon Victorian Christmas
Mon 11 Thursford Christmas Spectacular
Thu 14 Windsor OR Windsor Castle
Fri 15 Ambassador Cruise Liner, Lunch & Show
Sat 16 Hyde Park Winter Wonderland
Sat 16 Cheltenham Christmas Market
Sun 17 Thursford Christmas Spectacular
Sun 17 Legoland at Christmas

JANUARY 2024

Sat 6 Boundary Mills Grantham
Wed 17 Seasonal Mystery Trip

FEBRUARY 2024

Wed 7 St Albans Market Day
Sat 10 Warwick & Leamington Spa
Sun 11 Birmingham International Tattoo
Wed 14 Boston Market & Baytree Garden Centre
Tue 20 Melton Mowbray
Wed 21 Seasonal Mystery Trip
Thu 22 Ely
Fri 23 London Free Time OR Museums
Fri 23 Tower Bridge Tour & London Free Time
Sun 25 Orchids at Kew Gardens
Tue 27 Chippingham Park Snowdrops

MARCH 2024

Tue 5 Springfields OR Spalding
Thu 7 Cotswold Tour
Sat 9 National Railway Museum OR York
Sat 9 Jorvik Viking Centre
Tue 12 Derbyshire & Peak District
Tue 19 Saffron Walden
Wed 20 Seasonal Mystery Trip
Fri 22 Ideal Home Show
Fri 22 Stratford Upon Avon
Sun 24 Tottenham Hotspur Stadium Tour
Tue 26 Barnsdale Gardens & Cream Tea
Thu 28 Canterbury
Sat 30 Canterbury Cathedral & Free Time
Sat 30 Greenwich & The Cutty Sark

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MARCH

**11-15 MARCH
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Spotlight on > CHRISTMAS

> OSBORNE'S SPORTS & TOYS

Osborne's Sports & Toys has been trading in Rushden High Street for over 67 years. One of the few traditional toy shops in the area, the business was founded by the late Jim Osborne in 1955 and has served generations of children in Rushden and the surrounding area ever since.

Known for selling classic traditional toys, the shop has a wide range of tried and tested products as well as some of the latest trends.

"As the first shop in the UK to sell Lego, we have a good range of the popular building toy as well as

Playmobil, Sylvanian Families, Britain's Toys and Big Jigs. We also have a large range of jigsaws, games, dolls, Hornby Trains, Scalextric, Airfix kits and Warhammer. Our friendly staff are always happy to help and, all in all, the shop is well worth a visit."

> IT'S BACK – IT'S TIME FOR SING FOR SERVE

The ever-popular Sing for Serve Christmas extravaganza is back.

The carol concert takes place on Tuesday 12th December from 2pm to 4pm, at Park Road Baptist Church in Rushden, and free tickets are ready for collection now.

The event, organised by charity Serve, and supported by Happy Mondays Coffee in Rushden, Ricoh UK, PW House Jewellers of Rushden and the NNBN business group, is sure to be a fantastic festive events.

The concert will also include the announcement of the annual Susan Hollowell Award, and Rushden school choirs from South End Junior School, Denfield Park Junior School and The Alfred Lord Tennyson School

For your free tickets, or to nominate your community hero for the awards, contact Ruth at Serve on 07917 863469, or pop into our offices in West Street, Rushden.

Ruth said: "The Sing for Serve concert is always a highlight of the festive calendar and we are looking forward to seeing as many people there as possible."

"If you would like a ticket, please do get in touch."

Posters advertising the concert are also on displays in shops, churches and community centres in the Rushden and Higham Ferrers areas.

> SANTA PAWS RETURNS TO HIGHAM FERRERS!

Santa Paws will be at The Ashgrove Clinic during Higham's Christmas Sparkle on Saturday 18th



November and will be welcoming dogs of all shapes and sizes.

Last year huge numbers of our four-legged friends (plus one tortoise!) enjoyed this very special opportunity to meet "Santa Paws" and to have their photo taken with him by a local professional photographer. The stunning photos make lovely presents or Christmas cards.

The event was fully booked and raised over £550 for the charity Medical Detection Dogs, who we gather will be there on the day, probably with a Medical Detection puppy!

The Ashgrove Clinic, known as a centre of excellence for aesthetics, pain and laser treatments, will reinvent itself as Santa's grotto for the day



and there will be bags of delicious treats provided by Bertie's Pet Shop in Higham. There will also be practitioners in the building, so you can ask them questions about Botox, sports injuries, back pain and arthritis while your dog has the photoshoot!

Georgina Joss, one of the osteopaths in the clinic, told us that dogs need to book in advance, so if you want to get that lovely doggy photo, give them a call to book. Call them on 01933 469043.

> JOIN US FOR OUNDLE'S CHRISTMAS MARKET

Oundle Town Council will hold its annual traditional Christmas Market on Saturday 2nd December from 10am to 5pm.



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Oundle Christmas MARKET

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With over 90 stalls filling the Market Place, Queen Victoria Hall, and West Street with a fabulous array of food, gifts, and goodies, you're sure to find that perfect gift or something extra special just for you.

Santa will be in his Grotto outside The Talbot Hotel surrounded by his reindeer, sleigh, and elves, with the Fun Fair close by to entertain the kids. There will be lots of festive cheer to enjoy with a Brass Band and carol singing by the Christmas Tree on Market Place. This year, we are delighted to welcome the wonderful Herbie Lamb Quartet for a live performance in Queen Victoria Hall. Their music is sure to get everyone in the Christmas spirit.

We are pleased to announce the return of the Christmas lights switch-on this year! Join us at 3.30pm by the Christmas tree, and watch as Mayor David Chapple reveals our beautiful display, along with some exciting new lights on West Street.

There will be lots of FREE parking with disabled parking areas close to the town.

A map of the stalls and details about the free parking will be posted on Oundle Town Council's website Oundle.gov.uk and Facebook @www.oundle.gov.uk

> CHRISTMAS AT BOSWORTH'S GARDEN CENTRE

It's the most wonderful time of the year again and we are in full-on festive mode at Bosworth's Garden Centre.

Our singing reindeer are back and this year they have a new stable. We are raising funds once again for Cransley Hospice.

Santa will be making a special entrance on 18th November at 9.30am for our opening event.

Christmas Trees are arriving from the end of November and are available for both collection and local delivery. Not sure which tree to buy? Ask our knowledgeable plant team.

Make us your destination stop for all things Christmas, from gifts, decorations and trees to festive food.



Bosworth's Garden Centre

Carol Concert

Tuesday 12th December 2023
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**North
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Council**

Notice of planning APPLICATIONS RECEIVED

Notice is given that the following applications have been received by North Northamptonshire Council – Thrapston Office together with the last date for making representations:

>THRAPSTON

Create/re-instate old opening to allow French doors in external wall of garden room at 17 Huntingdon Road Thrapston NN14 4NF (LBRegs) (Info) NE/23/00536/LBC and (LB/CA) (Info) NE/23/00472/FUL (4 December 2023)

>BRIGSTOCK

Alterations and improvements to existing outbuilding; replacement of existing dilapidated shed with timber double car port (both not connected to existing listed building) at 35 High Street Brigstock NN14 3HA (LB/CA) (Info) NE/23/01043/FUL (4 December 2023)

>WAKERLEY

Removal of existing rotted gates and posts and replace with new at Stone Barn Main Street Wakerley LE15 8PA (LBRegs) (Info) NE/23/01073/LBC and (LB/CA) (Info) NE/23/01117/FUL (4 December 2023)

>TWYWELL

Single storey flat roofed rear extension including bay window alterations at Fairview High Street Twywell NN14 3AH (Info) (LB/CA) (Info) NE/23/01108/FUL (4 December 2023)

>RUSHDEN

Change of use class from E to F at 22B Church Street Rushden NN10 9YT (Info) (LB/CA) (Info) NE/23/01035/FUL (4 December 2023)

>GLAPTHORN

Proposed construction of a four bed dwelling at Manor Farm Cotterstock Road Glapthorn (Info) (LB/CA) (Info) NE/23/00897/FUL (4 December 2023)

>BRIGSTOCK

Proposed infill works to existing redundant walled court areas, comprising new suspended floors, and infill flat roof areas with lantern lights; General associated works as per the Design and Access statement/Heritage Impact Justification Statement. At 35 High Street Brigstock NN14 3HA (LBRegs) (Info) NE/23/01044/LBC (4 December 2023)

>IRTHLINGBOROUGH

Outline: Construction of a block for 36 residential flats (all matters reserved) at 332 Addington Road Irthlingborough (Info) (Part3) (Info) NE/23/00985/OUT (4 December 2023)

>SUDBOROUGH

Realignment of part of the existing rear drive and erection of gate and fencing (and any change of use of land associated with realignment of drive) at Indoor Riding School Manor Yard Main Street Sudborough NN14

3BX (Info) (Info) NE/23/00884/FUL (4 December 2023)

>THRAPSTON

Change of use at first floor level to convert storage area into 3b4p Flat. Restoration of storage area at rear of ground floor level (due to dilapidation of existing area) (Retrospective). New rear and front access into proposed first floor accommodation (Re-submission of NE/23/00204/FUL). At 22 High Street Thrapston NN14 4JH (Info) (LB/CA) (Info) NE/23/01048/FUL (4 December 2023)

>SUDBOROUGH

Single storey rear extension to existing domestic dwelling at School House Main Street Sudborough NN14 3BX (Info) (LB/CA) (Info) NE/23/01100/FUL (4 December 2023)

>DEENETHORPE

Construction of farm workers log cabin dwelling (Re-submission of NE/22/01604/FUL) at Home Farm Lodge Deenethorpe Airfield Deenethorpe NN17 3AN (Info) (Part3) (Info) NE/23/01061/FUL (4 December 2023)

>Oundle

Erection of 42 Retirement Living apartments and 1 No. Bungalow with associated access, car parking, landscaping, ancillary facilities, and associated works at 19 Herne Road Oundle PE8 4BS (Info) (LB/CA) (Info) NE/23/01055/FUL (4 December 2023)

>IRTHLINGBOROUGH

Proposed erection of a single block containing 6 apartments (4 x 1 Bedroom Studios and 2 x 2 Bedroom Flats) together with associated parking, landscaping and refuse and cycle storage (Revised resubmission of NE/22/01375/FUL). At Land Between Louisa Lilley Almshouses And St Peters Way Irthlingborough NN9 5SD (Info) (LB/CA) (Info) NE/23/01084/FUL (4 December 2023)

The reason for applications being advertised is as follows :
Part3 - Town and Country Planning (General Development Procedure) Order 2015.
Part16 - Town and Country Planning (General Development Procedure) Order 2015.
Info - Non-statutory - included for information only.
LB/CA - Planning (Listed Buildings and Conservation Areas Act 1990.
LBRegs - Planning (Listed Buildings and Conservation Areas) Regulations 1990.

**Graeme Kane, Interim Director
Of Place And Economy
Dated 11 November
2023**

Consultation deadlines will differ for each application. You can see details of these applications at www.east-northamptonshire.gov.uk/planningapplications.

For details of how we treat your data, please see our Privacy Statement: www.northnorthants.gov.uk/privacynotices

Consultation deadlines will differ for each application. Please go to www.east-northamptonshire.gov.uk/planningapplications for details.

HAVE YOUR SAY ON TAXI DE-ZONING

A consultation has been launched to review the existing taxi zones across North Northants.

Earlier in 2023, North Northamptonshire Council's Executive approved a consultation to consider whether the four current zones should be retained or replaced with one zone for North Northamptonshire.

When North Northamptonshire Council was formed, for the purposes of taxi licensing, the previous former authority area zones

were retained: Corby, East Northamptonshire, Kettering and Wellingborough.

Each zone continues to licence its own taxis and drivers as well as operate to the byelaws currently in existence for that former area. It also means that a driver and vehicle wishing to operate across the whole of North Northamptonshire would need to obtain four licences.

Cllr David Brackenbury, the council's Executive Member for Growth and Regeneration (which covers taxi licensing), said: "Since North Northamptonshire Council came into existence, we have been looking at all legacy systems across the four areas and reviewing, where necessary.

"The proposal is to remove the former authority area

hackney carriage zones and to replace them with one hackney carriage zone for North Northants. It makes sense to look and consider whether this is a viable option, but there are also a variety of elements to consider and to do this we need the views of residents and stakeholders, including those who use taxis and drivers. This is why this consultation is so important

and all responses will be carefully considered."

Cllr Jason Smithers, Leader of the Council, said: "We recognise that changes like this can have an impact on everyone, which is why I am pleased we are now in a position to consult on the proposals. Once the 12-week consultation has concluded, responses will be gathered together and presented to

the relevant committee for their consideration, before the Executive make a final decision."

Your voice matters...

Consultation and engagement activities can be completed online via North Northamptonshire Council's Consultation and Engagement Hub and the taxi de-zoning consultation will be open until 21st January 2024.

Alternatively, you can email taxilicensing.kbc@northnorthants.gov.uk or write to North Northamptonshire Council (Kettering Licensing), Bowling Green Road, Kettering NN15 7QX

NORTH NORTHANTS SCHOOLS CELEBRATE HEALTHY SCHOOLS AWARD SUCCESS

Teaching staff from across North Northamptonshire recently met to share their success in achieving the new North Northants Healthy Schools Bronze Award.

The nine schools, who are the first to complete the award in North Northants, were invited to receive their certificates from the Healthy Schools team during a celebratory afternoon tea at Chester House Estate.

To achieve the North Northants Healthy Schools Bronze Award, schools had to provide clear evidence of a whole school approach to mental health and

wellbeing, healthy eating, and physical activity, as well as personal, social, health and economic education (PSHE).

Councillor Helen Harrison, North Northamptonshire Council's Executive Member for Adults, Health and Wellbeing said: "I was delighted to be able to attend this event and be one of the first to congratulate our schools. In taking part in these awards, schools have given youngsters a superb grounding which I hope will stay with them for the rest of their lives, setting them up for healthier futures."

The schools which have received the

award are:

- Denfield Park Primary School, Rushden
- Higham Ferrers Junior School, Rushden
- Grange Primary Academy, Kettering
- Meadowside Primary School, Burton Latimer, Kettering
- Studfall Infant School, Corby
- Studfall Junior School, Corby
- St Mary's C of E Primary Academy, Burton Latimer, Kettering
- Loatlands Primary School, Kettering
- Wrenn Spinney School, Kettering

Jane Bethea, Director of Public Health and Wellbeing for North Northamptonshire Council said: "It is so

important to celebrate and acknowledge the achievements of these teachers who have been instrumental in guiding our young North Northants residents in their care.

There are many challenges and pressures in teaching right now, despite those, these schools have recognised the importance and benefits of PSHE, healthy eating, physical activity, and mental health and wellbeing in their

schools, and opted to put a clear focus on them.

I really hope all our Bronze Award schools opt to carry on their Healthy Schools Award journey. I can't wait to see their future achievements."

Another 44 schools are in the process of working towards their Bronze Healthy Schools Award, which is available free of charge to all schools in North Northamptonshire.

If you are a staff member or a head teacher at a school in North Northants, the Healthy Schools team would love to hear from you at healthyschools@northnorthants.gov.uk

Do I need a solicitor for a lasting power of attorney or can I do it myself?

A Legal Power of Attorney allows you to appoint people to act on your behalf.

There are two types. Property and Financial Affairs, enabling your chosen Attorneys to manage your finances and sell your property and a Health and Welfare, dealing with the more personal aspects of your life.

There is a common misconception that your loved ones will automatically take control of your affairs if you lose capacity. This is incorrect as they have no automatic legal right to make decisions

about your care or access your bank accounts. The only way for you to guarantee that your chosen loved ones can make decisions on your behalf is by appointing them as your Attorney under your LPA.

Instructing a professional to apply for an LPA ensures that the procedure has been done correctly based on your instructions. If you decide to compete the process yourself and there are mistakes the LPA may still be registered but could be invalid.

If you make an online application, there is no way to prove who is setting up the LPA. This increases the possibility of scams where someone may take advantage and ask you to sign forms giving them the power to make decisions for you.

You are not just instructing a solicitor to

complete the forms for you, you are accessing their knowledge and experience on a theoretical and practical basis. Your solicitor will ask you questions to challenge your decisions, help you understand if your choices are workable, assess your capacity and keep comprehensive records if the LPA is challenged in the future.

A solicitor is independent, acting in your best interests and ensuring that the decisions and choices you make when making an LPA are your own and are appropriate in your individual circumstances. For more information call Wilson Browne on 0800 088 6004.



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Nene Valley News - Events

> SUNDAY 12TH NOVEMBER, 10.30AM

Countryside Walk

'Stanton without the sewage pipe' – a new mile walk in the new country park and countryside between the Stanton Cross development and the rest of Wellingborough. Meet at 10.30am, at the far end of Mill Road, Wellingborough, near its junction with Talbot Road NN8 1QN. Organised by Whitefriars Church, Rushden – all welcome. Details from Andrew Presland, 01933 316927.

> SUNDAY 19TH NOVEMBER, 10.15AM

Whitefriars Church Morning Worship

Whitefriars Primary School, Boughton Drive, Rushden NN10 9HX. All are welcome. Details from Andrew Presland, 01933 316927.

> SUNDAY 19TH NOVEMBER, 7-8PM

Together in Prayer & Praise event for the churches of Rushden & Higham Ferrers

The Independent Wesleyan Church, Queen Street, Rushden, Rushden - all are welcome. 01933 418681.

> SUNDAY 19TH NOVEMBER, 10AM-4PM

Art & Crafts Fayre

Masonic Hall, Wellingborough Road, Rushden NN10 9YJ. Admission is free. Ample parking available. "Christmas is fast approaching so come along and enjoy a browse around our Art and Crafts Fayre. Our stalls will include a variety of products ranging from beautiful pottery, wax melts, Xmas goodies, cakes and much



**Art & Crafts
FAYRE**
by Local Amateur Artists
Sunday 19th November
10am - 4pm
MASONIC HALL
Wellingborough Road,
Rushden
NN10 9YJ
FREE ENTRY

Car Park available
Please tell your friends
and neighbours

more... plus a variety of Art by an assortment of local artists – all available to help you with your Christmas gift ideas!"

> WEDNESDAY 13TH DECEMBER, 5PM

'A Christmas Carol'

Admission fee (if applicable): £15 including festive refreshments. Contact emdoherty@sky.com or Mob 0771 3396 130. Packed with charm, cheer and plenty of carols, this production by 'This is My Theatre' group is sure to spread joy and warm hearts this Christmas! Festive refreshments after the show.



**RUSHDEN'S
Christmas
Lights**
SWITCH ON
Rushden High Street
SATURDAY 25th NOVEMBER
from Midday onwards
Lights on ~ 4.30
Festive Entertainment ~ Fair ~
Santa's Grotto ~ Local Traders ~
Food Stalls

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**Rushden
REMEMBRANCE 2023**
WEDNESDAY 8TH NOVEMBER
Garden of Remembrance Service for Schools
The Royal British Legion (Rushden) Branch will be holding a Dedication at 10.45am, Rushden War Memorial and Garden of Remembrance.
SATURDAY 11TH NOVEMBER
Armistice Day
Rushden will join the nation for a two-minute silence at 11am, to pay respects to our Armed Forces community, past and present. The War Memorial, Rushden.
SUNDAY 12TH NOVEMBER
Remembrance Day Parade & Service
The parade will assemble at 10.15am outside Rushden Hall, Hall Park and will march to the War Memorial where a service will be held, together with the laying of wreaths and a two-minute silence at 11.00am. This service will continue in St Mary's Church at 11.15am.

www.rushdentowncouncil.gov.uk | 01933 316 216 | info@rushdentowncouncil.gov.uk | [facebook](https://www.facebook.com/rushdencouncil) | [instagram](https://www.instagram.com/rushdencouncil) | [tiktok](https://www.tiktok.com/@rushdencouncil)



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Wellbeing event held to coincide with National Lorry Week

Following a similar event last year, North Northamptonshire Council teamed up with partners recently to host a wellbeing event for HGV drivers who use the Welcome Break Rothwell Truck Stop.

The previous event received national recognition with the work being Highly Commended at the MJ Awards and the team have built on this success with this year's event.

Officers from NNC's Public Health, Community Wellbeing and Environmental Health teams were joined by representatives from the Road Haulage Association, Action for Happiness, the University of Northampton who offered health tests, Kettering Mind and Welcome Break.

Once again, there was a high level of engagement from drivers and the team are now looking at how other truck stops could get on board and support an even larger event next year, to continue to support the health and wellbeing of drivers.

Feedback showed that drivers welcomed the support of their health and wellbeing, but still felt like a lot more could be done, with one

driver saying he had not seen anything like the event in his 40 years of driving. Everyone agreed that truck stops are a good point of contact to help drivers stay healthy and focussed on wellbeing.

Cllr Helen Harrison, the council's Executive Member for Adults, Health and Wellbeing, said: "The previous events we have held have been really well received with recognition on a national stage but also, importantly, amongst the lorry driving community. It gives the team an opportunity to engage with drivers and have some valuable conversations with them."

"[This year's] event was once again popular and teaming up with partners means that those attending events like this can speak to a variety of people on lots of different topics all in one place, which we hope will help continue to make a real difference to their lives."

Cllr Jason Smithers, Leader

of the Council, said: "I am pleased that this excellent work is continuing and it is great to hear that as well as supporting residents across North Northants, Officers are spreading their skills and knowledge further and helping those passing through the area."

As part of their work, NNC Officers have also written a guest blog for PTSD UK on tackling Post-traumatic Stress Disorder amongst HGV drivers.



Your Health – Sports injuries

We're talking sprained ankles, rotator cuff issues, knee strains, tight hamstrings, groin strains and all the other strains, sprains and problems that arise when you're doing sport.

We're starting to see more sports injuries as the ground gets more slippery and training season for so many sports gets serious, so Sports Therapist and Strength and Conditioning Coach, Jay Sheridan offers you these tips to share with your sporting friends and relatives:

- If you're injured, get treatment quickly. If you get the underlying muscular and joint problems sorted out, and a rehab programme in place, you'll get back to

sport faster.

- Warm up – there's a lot of debate about how to warm up. Our analysis of the most recent research is that movement is the best warm up, not stretching.
- Stretch after exercising.
- Ice strains and sprains for only 10 minutes, but often the day.
- Talk to your practitioner about how you injured yourself and what was happening beforehand. All of our sports experts will be looking for underlying causes to help you prevent the problem happening again. Give them as much information as you can.
- Some injuries need rest and some need movement.

Don't get them the wrong way around or you'll be out for the whole winter.

- Find out about laser treatments – laser is now used by a lot of athletes to speed up repair from injuries.

Always remember the first bullet point though – you'll get better faster if you know what the problem is. If you've got a big event coming up next year, don't just wait for a strain or sprain to go away. Get professional help so you know how to do the best rehab.

For more tips and support, join Jay's Facebook group: Ashgrove Active. The experts are waiting there to help you get your personal bests and cross the finish line!

Jay Sheridan is the Senior Sports Therapist at The Ashgrove Clinic in Higham Ferrers.
Email: jay@ashgrovehealth.co.uk

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VIRTUAL CLIMATE CHANGE CONFERENCE TO SHOWCASE NORTH NORTHAMPTONSHIRE SUSTAINABILITY AND ENVIRONMENTAL PROJECTS

NNClimate23



www.northnorthants.gov.uk/climate



North Northamptonshire Council's annual climate change conference will take place this month showcasing projects aimed at improved sustainability and helping the environment.

NNClimate23 will be broadcast live on YouTube on Wednesday 22nd November from 9.30am.

The day will focus on three sessions:

- Farming and Sustainability
- Towards a New Green Economy
- Youth and Community

The conference will be virtual, taking place online to reduce the carbon footprint of the event. It will be broadcast live on YouTube for anyone to watch.

This is the third such forum that the council has convened, building on the success of conferences over the past two years.

Cllr Harriet Pentland, the Council's Executive Member for Climate and the Green Environment, said: "We're delighted to announce our third climate change conference and I

look forward to hearing all the great work going on in our area.

"Addressing the challenges of a changing climate is essential as we work towards a sustainable future."

Cllr Jason Smithers, Leader of the Council, said: "It's great to see that we have an array of innovative green

projects taking place in North Northamptonshire as has been demonstrated at our conferences over the past two years.

"It's important to keep up this momentum to not only look after our planet but ensure prosperity in future generations."



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PUBLIC NOTICES

NORTH NORTHAMPTONSHIRE COUNCIL

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14 (LUTTON ROAD, POLEBROOK)
(TEMPORARY PROHIBITION OF THROUGH TRAFFIC) ORDER 2023
NOTICE IS HEREBY GIVEN that North Northamptonshire Council intend, not less than seven days from the date of this Notice, to make an Order the effect of which will be to prohibit traffic from proceeding along that length of Luton Road, Polebrook as set out below.
LENGTH OF ROAD TO WHICH RESTRICTION APPLIES: That length of Luton Road, Polebrook from Polebrook Lodge to 2 kilometres east of Luton Road onto Oundle Road.
REASON FOR RESTRICTION: The restriction is required for safety during fibre works.
PERIOD OF CLOSURE: The proposed Order will come into effect on 30th November 2023 and will continue in force for a period of eighteen months. An application may be made for the approval of the Secretary of State for Transport for the Order to be extended if this proves necessary. However, the restriction specified will have effect only at such times and to such an extent as is indicated by the display of signs prescribed by the Traffic Signs Regulations and General Directions 2016.
EXPECTED DURATION: It is expected that the road will be restricted for up to seven days.
ALTERNATIVE ROUTES: use Bullock Road, Main Street, Luddington Road and Hemington Road.
If you require any further information please contact Steve Fowler ref:- 23/24 – N378 Steve.Fowler@northnorthants.gov.uk PKG/T23/694

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14 (CHURCH LANE, BARNWELL)
(TEMPORARY PROHIBITION OF THROUGH TRAFFIC) ORDER 2023
NOTICE IS HEREBY GIVEN that North Northamptonshire Council have made an Order the effect of which is to prohibit traffic from proceeding along that length of Church Lane, Barnwell as set out below.
LENGTH OF ROAD TO WHICH RESTRICTION APPLIES: That length of Church Lane, Barnwell – outside number 56.
REASON FOR RESTRICTION: The restriction is required for safety whilst rectifying a defect.
PERIOD OF CLOSURE: The proposed Order will come into effect on 22nd November 2023 and will continue in force for a period of eighteen months. An application may be made for the approval of the Secretary of State for Transport for the Order to be extended if this proves necessary. However, the restriction specified will have effect only at such times and to such an extent as is indicated by the display of signs prescribed by the Traffic Signs Regulations and General Directions 2016.
EXPECTED DURATION: It is expected that the road will be restricted for up to three days.
ALTERNATIVE ROUTES: use Well Lane, Armston Road, Oundle Road, Main Street, Duke Street, Church Street and Hemington Road.
If you require any further information please contact Steve Fowler ref:- 23/24 – N335 Steve.Fowler@northnorthants.gov.uk PKG/T23/659

Dated this 11th day of November 2023
ADELE WYLIE
Executive Director of Customer & Governance (Monitoring Officer)

NORTH NORTHAMPTONSHIRE COUNCIL

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14 (PUBLIC FOOTPATH UK14 – RUSHDEN)
(TEMPORARY CLOSURE) ORDER 2023
NOTICE IS HEREBY GIVEN that North Northamptonshire Council have made an Order the effect of which is to prohibit pedestrians from proceeding along that length of Public Footpath UK14 in Rushden as specified below. Private access to land or premises adjacent to the said length of footpath are unaffected.
RIGHTS OF WAY TO WHICH RESTRICTION APPLIES: The existing route UK14 to be closed begins at National Grid Reference ('NGR') SP9562 6667. The route travels generally north east for approximately 83 metres to point B at NGR SP9567 6672. The route is shown by a solid black line between points A – B.
REASONS FOR RESTRICTION: The restriction is required for safety as there are works taking place close to the right of way.
PERIOD OF CLOSURE: The Order will come into effect on 21st November 2023 and will continue in force for a period of six months. An application may be made for the approval of the Secretary of State for Transport for this Order to be extended if this proves necessary. However, the restriction specified will have effect only at such times and to such extent as is indicated by the display of notices.
ALTERNATIVE ROUTE: The alternative route starts at point A at NGR SP SP9562 6667. The route travels generally south along the highway footway of John Street for approximately 81 metres to point C at NGR SP9564 6660. The route then heads east along the highway footway of Church Street for approximately 52 metres to point D at NGR SP9569 6661. The route then travels north along the highway footway of Alfred Street for approximately 114 metres to point B at NGR SP9567 6672.
The route is shown by a broken black line between points A – C – D – B.
If you require any further information please contact Michael Noble on 07926 580666. PKG/ROW/078

Dated this 11th day of November 2023
ADELE WYLIE
Executive Director of Customer & Governance (Monitoring Officer)

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FORTHCOMING MEETINGS ALL MEETINGS WILL BE HELD AT THE TOWN HALL UNLESS OTHERWISE NOTIFIED

Town Council Meeting - Tuesday 28th November, 7.30pm

Planning & Development Committee Meeting - Tuesday 12th December, 6.45pm

Policy and Resources Committee Meeting - Tuesday 12th December, 7.30pm

Town Council Meeting - Tuesday 19th December, 7.30pm

Farmers Market - Saturday 25th November, 9am - 1pm - Market Square

Farmers Market - Saturday 23rd December, 9am - 1pm - Market Square

ELECTED COUNCIL MEMBERS

* Cllr Bert Jackson Email: bertjackson@highamferrers-tc.gov.uk	* Cllr Jennie Bone Email: jenniebone@highamferrers-tc.gov.uk	Cllr Barry Prigmore Email: barryprigmore@highamferrers-tc.gov.uk	Cllr Tony Reading Email: tonyreading@highamferrers-tc.gov.uk
Cllr Gary Salmon Email: garysalmon@highamferrers-tc.gov.uk	Cllr Peter Tomas Email: peteromas@highamferrers-tc.gov.uk	Cllr Pam Whiting Email: pamwhiting@highamferrers-tc.gov.uk	Cllr Tina Reavey Email: tinareavey@highamferrers-tc.gov.uk
Cllr Chris O'Rourke Email: chrisorourke@highamferrers-tc.gov.uk	Cllr Angela Gardner Email: angelagardner@highamferrers-tc.gov.uk	Cllr Nigel Brown Email: nigelfbrown@highamferrers-tc.gov.uk	Cllr Barry Spencer Email: barryspencer@highamferrers-tc.gov.uk
Cllr Vijay Paul Email: vijaypaul@highamferrers-tc.gov.uk	Cllr Paul McCann Email: paulmccann@highamferrers-tc.gov.uk	Cllr Gerald Kelly Email: geraldkelly@highamferrers-tc.gov.uk	Cllr Sean Prosser Email: seanprosser@highamferrers-tc.gov.uk

* North Northamptonshire Councillors

STUNNING NEW BRIDGE AT FERRY MEADOWS NOW OPEN

Nene Park Trust is pleased to announce that the new bridge at the heart of Ferry Meadows is now open to the public, thanks to National Lottery players through The National Lottery Heritage Fund.

The new bridge, named Willow Bridge after a public vote over the summer, has replaced the old Pontoon Bridge that sat in the same location in Ferry Meadows for 35 years. Designed by CB Arts, sculptural metalworkers in Cumbria, the new bridge is made from Corten weathering steel to be both robust and resilient. The railings evolve into beautiful gateways of tree sculptures at either end of the bridge, blending well into its natural setting and creating a new stunning landmark for the park.

Willow Bridge is a key element of the five-year project, Your Community Greenspace, funded by The National Lottery Heritage Fund. In keeping with the community nature of the project, the bridge was officially opened on 31st October by a number of community leaders, along with the support of Nene Park Trust staff and volunteers.

Andrew MacDermott, Nene Park Trust Acting Chief Executive, said: "Willow Bridge will take pride of place at a central location within Ferry Meadows for decades to come. We are very grateful to The National Lottery Heritage Fund, CB Arts, and all our contractors and partners for their help developing and constructing such an eye-catching structure."

Robyn Llewellyn, Director, England, Midlands & East at The National Lottery Heritage Fund said: "Huge congratulations to the Nene Park Trust for their fantastic work on opening Willow Bridge to the public as part of the Your Community Greenspace project."

"Thanks to National Lottery players, we are able to support projects such as this, which serve as bridges between people and the natural world, supporting the preservation of landscapes for generations to come."



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